

2025

INCLUSION
CALENDAR

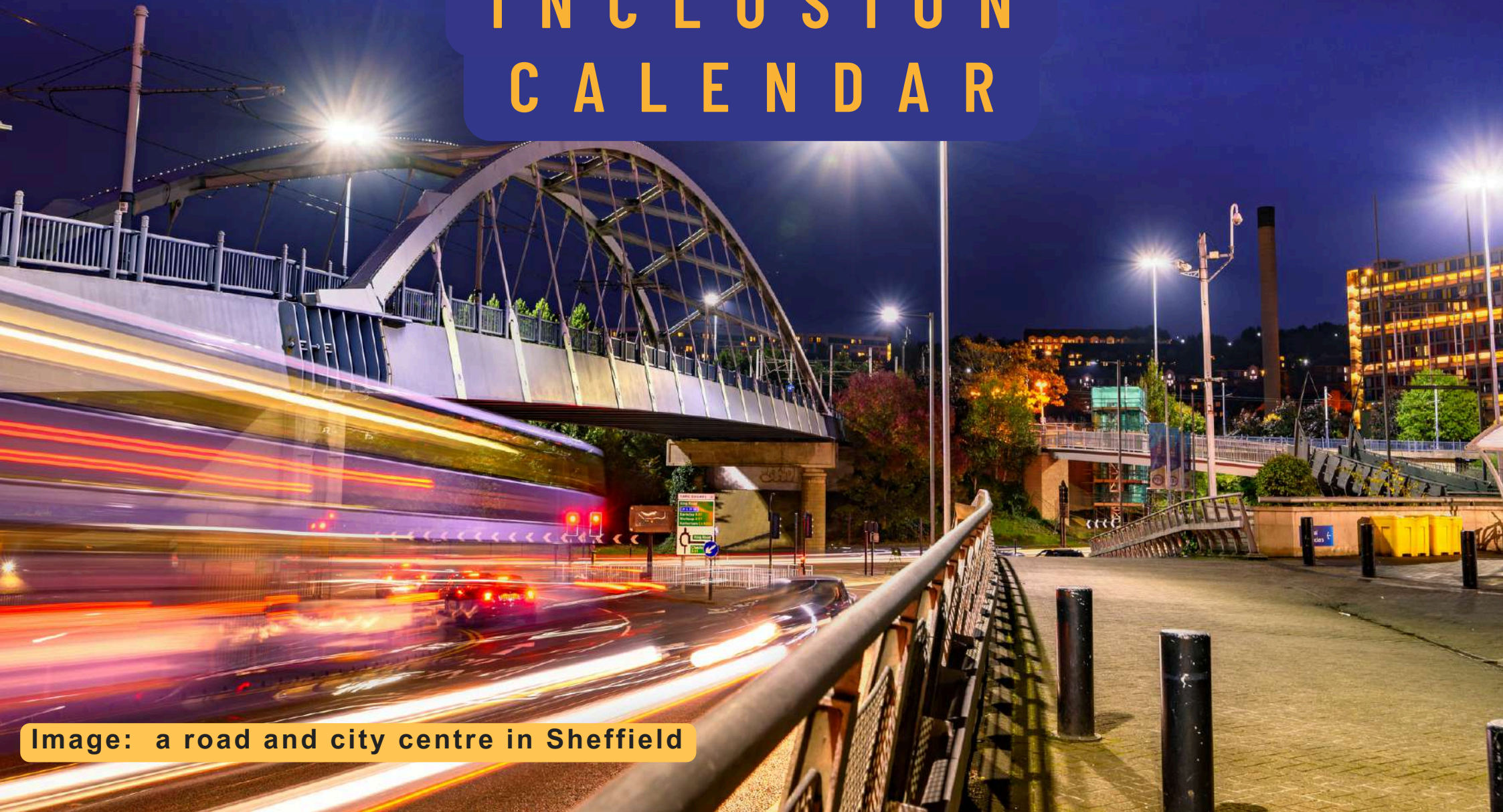


Image: a road and city centre in Sheffield



This Inclusion Calendar has been produced in collaboration between Sheffield Teaching Hospital's Equality, Diversity and Inclusion Team, Staff Network Group, Chaplaincy and EDI Executive Committee.

The dates that are marked have been chosen by these groups, highlighting key areas that the Staff Network Groups and Chaplaincy want to raise awareness of, celebrate or commemorate. This calendar is accompanied by a one page list of dates (which can be accessed via Sharepoint) that STH will mark across the Trust.

If you have any feedback on this calendar or would like to suggest dates that should be included in future editions, please contact sth.equalityanddiversity@nhs.net

Images: a range of photos of Sheffield.

JANUARY 20
25

LUNAR NEW YEAR



Image: a red and gold dragon on temple steps

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			①	2	3	④
5	⑥	⑦	⑧	9	⑩	11
12	⑬	⑭	15	16	17	18
⑱	⑳	㉑	22	23	24	25
⑳	㉑	28	㉒	30	31	

Focus on Chinese New Year

Chinese New Year, also known as the Spring Festival, is China's most important traditional holiday, celebrating the lunar new year. It involves family reunions, feasts, and various cultural traditions, such as lion dances, fireworks, and the giving of red envelopes. The festival lasts 15 days, ending with the Lantern Festival.



KEY DATES

Whole month - Cervical Cancer Awareness
- Celebration of Life
- Dry January

- 1st** - New Year's Day
- World Day of Peace
- Solemnity of Mary, mother of God (Catholic)
- Gantan-sai (Shinto)
- Global Family Day
- Revolution Day (Cuba)
- 4th** - World Braille Day
- 6th** - Epiphany (Christian)
- Birthday of Guru Gobind Singh Jayanti (Sikh)
- 7th** - Christmas Day (Orthodox)
- 8th** - Bodhi Day (Buddhist)
- 10th** - Asarah B'Tevet (until nightfall on 17th) (Judaism)
- 13th** - Maghi (Hindu/Sikh)
- Lohri (Hindu/Sikh)
- 14th** - Mahayana New Year (Buddhist)
- Pongal (until 17th) (Hindu)
- 19th** - World Religion Day
- 20th** - Martin Luther King Hr. Day
- Blue Monday
- 21st** - World Religion Day
- 26th** - Australia Day
- 27th** - Holocaust Memorial Day
- 29th** - Lunar New Year

FEBRUARY ²⁰/₂₅

LGBTQ+ HISTORY MONTH



Image: hands holding the Pride Progress Flag in a blue sky. The Pride Progress Flag is red, orange, yellow, green, blue and purple stripes, with white, pink, pale blue, brown and black chevrons and a yellow triangle with a purple circle.

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Focus on LGBTQ+ History Month

LGBTQ+ History Month is an annual celebration of the lives of LGBTQ+ people of the past. It is celebrated every February in the UK, with each year's celebration having its own unique theme. The theme for 2025 is Activism and Social Change.

KEY DATES

Whole month - LGBTQ+ History Month
- UK National Heart Month

- 1st** - World Hijab Day
- Time to Talk Day
- Imbolc (Christian/Pagan)
- World Interfaith Harmony Week (until 7th)
- 2nd** - Candlemas (Christian)
- Basant Panchami (Hindu/Sikh/Jain)
- 3rd** - UK Race Equality Week (until 9th)
- 4th** - World Cancer Day
- Sri Lankan Independence Day
- 5th** - Vasant Panchami (Hindu)
- 6th** - International Day of Zero Tolerance to Female Genital Mutilation
- Time to Talk Day
- 11th** - International Day of Women and Girls in Science
- Anniversary of the Islamic Revolution (Iran)
- 12th** - Magha Puja (Buddhism)
- 13th** - Tu B'Shevat (Judaism)
- 14th** - Lailat al Bara'ah (Islam)
- 15th** - Nirvana Day (Buddhist)
- Serbia Independence Day
- 20th** - World Day of Social Justice
- 23rd** - International Stand Up to Bullying Day
- 24th** - Estonia Independence Day
- 26th** - Maha Shivratri (Hindu)
- Intercalary Days (until 28th) (Baha'i)
- 28th** - International Stand Up to Bullying Day

MARCH 20
25

RAMADAN



Image: a night scene with a crescent moon and a carved Ramadan lantern, also known as a fanoos.

MARCH

KEY DATES

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Focus on Ramadan

Ramadan is the ninth month of the Islamic lunar calendar, observed by Muslims worldwide as a period of fasting, prayer, reflection, and community. It commemorates the first revelation of the Quran to Prophet Muhammad. Muslims fast from dawn until sunset, focusing on spiritual growth, charity, and empathy for the less fortunate.

Whole month - Women's History Month
- Prostate Cancer Awareness
- Ovarian Cancer Awareness

1st - Ramadan (begins sunrise of Saturday, ends nightfall of 30th) (Islam)

- St David's Day

- Zero Discrimination Day

- International Wheelchair Day

3rd - World Hearing Day

4th - Shrove Tuesday (Christian)

5th - Ash Wednesday, Lent begins (Christian)

6th - Ghana Independence Day

8th - International Women's Day

13th - Purim (begins sunset of Thursday, ends nightfall of 15th) (Judaism)

14th - Holi (Hindu)

15th - International Day to Combat Islamophobia

17th - St Patrick's Day

20th - Spring Equinox (Pagan)

- Naw-Ruz (Baha'i)

21st - International Day for the Elimination of Racial Discrimination

25th - Greek Independence Day

26th - Independence Day of Bangladesh

27th - Laylat al-Qadr (Islam)

30th - Ugadi (Hindu)

31st - International Transgender Day of Visibility

- Eid-al-Fitr (Islam)



APRIL 20
25

VAISAKHI



Image: five males, barefoot wearing orange, white and blue clothing to celebrate Vaisakhi.

APRIL

KEY DATES

SUN	MON	TUE	WED	THU	FRI	SAT
		1	②	3	4	5
⑥	7	⑧	9	10	11	⑫
⑬	⑭	15	16	⑰	⑱	19
⑳	㉑	22	㉓	24	25	㉖
㉗	28	29	30			

Focus on Easter

Easter is a Christian festival and cultural holiday commemorating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial following his crucifixion by the Romans at Calvary. It is the culmination of the Passion of Jesus Christ, preceded by Lent, a 40-day period of fasting, prayer and penance.

Whole month - Autism Awareness Month

2nd - Autism Awareness Day

6th - Rama Navami (Hindu)
- Asexuality Day

8th - International Romani Day

12th - Passover (Begins sunset of Saturday, ends nightfall of 20th) (Judaism)

13th - Songkran (Thai New Year)

14th - Vasisakhi (Hindu/Sikh)

17th - Syria Independence Day

18th - Good Friday (Christian)

20th - Easter Sunday (Christian)
- First Day of Ridvan (Baha'i)

21st - Easter Monday (Christian)

23rd - St George's Day

26th - International Lesbian Visibility Day

27th - South African Freedom Day
- Netherlands Koningsdag



MAY 20
25

INTERNATIONAL NURSES DAY



Image: nursing staff in purple and blue uniforms stood on steps in front of a building.

MAY

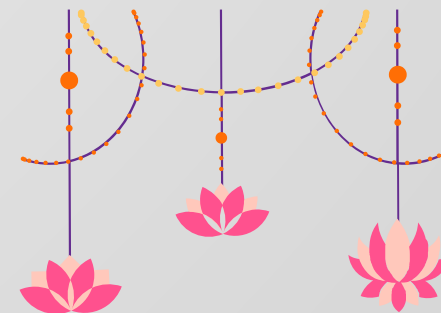
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Focus on Vesak

Vesak, or Buddha Purnima, is a significant Buddhist festival commemorating the birth, enlightenment (nirvana), and death (parinirvana) of Gautama Buddha. Celebrated on the full moon day in May or June, it involves prayer, meditation, and acts of kindness. Buddhists reflect on Buddha's teachings of compassion, peace, and enlightenment

KEY DATES

- 1st - Beltane (Pagan)
- Twelfth Day of Ridvan (Baha'i)
- 3rd - Poland Constitution Day
- 5th - International Family Equality Day
- Deaf Awareness Week (until 11th)
- 9th - Europe Day
- 12th - Second Passover (Judaism)
- Vesak (Buddhist)
- International Nurses Day
- 14th - National Day for Staff Networks
- 15th - Global Accessibility Awareness Day
- International Day of Families
- 17th - International Day Against Homophobia, Biphobia and Transphobia
- Norwegian Constitution Day
- 20th - Orthodox Easter (Christian)
- 23rd - Declaration of the Bab (Baha'i)
- 25th - Argentina Revolution Day
- Jordan Independence Day
- George Floyd Anniversary
- 28th - Ascension of Baha'u'llah (Baha'i)
- 30th - World MS Day



**JUNE 20
25**

**MEN'S HEALTH
AWARENESS WEEK**



Image: Two hands holding a blue ribbon.

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
①	②	3	4	5	⑥	7
⑧	⑨	⑩	11	⑫	13	14
⑮	⑯	⑰	18	19	20	⑳
㉒	23	24	㉕	26	㉖	㉘
29	30					

Focus on Men's Health Week

Men's Health Week is a dedicated week that shines the spotlight on the unique health concerns that men experience. It's a reminder of the importance of proactively addressing and managing health issues by encouraging men to take charge of their well-being, make informed decisions about their lifestyle choices, and seek appropriate medical support when needed.



KEY DATES

Whole month - Pride Month
- Gypsy, Roma and Traveller

History

- Men's Health Awareness

1st - Shavuot (begins sunset Sunday, ends nightfall of 3rd) (Judaism)

- Global Day of Parents

2nd - Italy Republic Day

6th - Waqf al Arafa - Hajj Day (Islam)

- Flag Day (Sweden)

8th - Global Wellness Day

9th - Race Unity Day

- Men's Health Week (from 9th until

15th)

10th - Portugal Day

12th - Philippines Independence Day

15th - Refugee Week (from 15th until 21st)

16th - Guru Arjan Martyrdom (Sikh)

17th - Eid al-Adha (Islam)

21st - Summer Solstice (Pagan)

22nd - National Windrush Day

25th - Croatia Independence Day

- Slovenia Statehood Day

27th - Muharram (Islam)

28th - Anniversary of the Stonewall Riots

20
25

JULY

SOUTH ASIAN HERITAGE MONTH

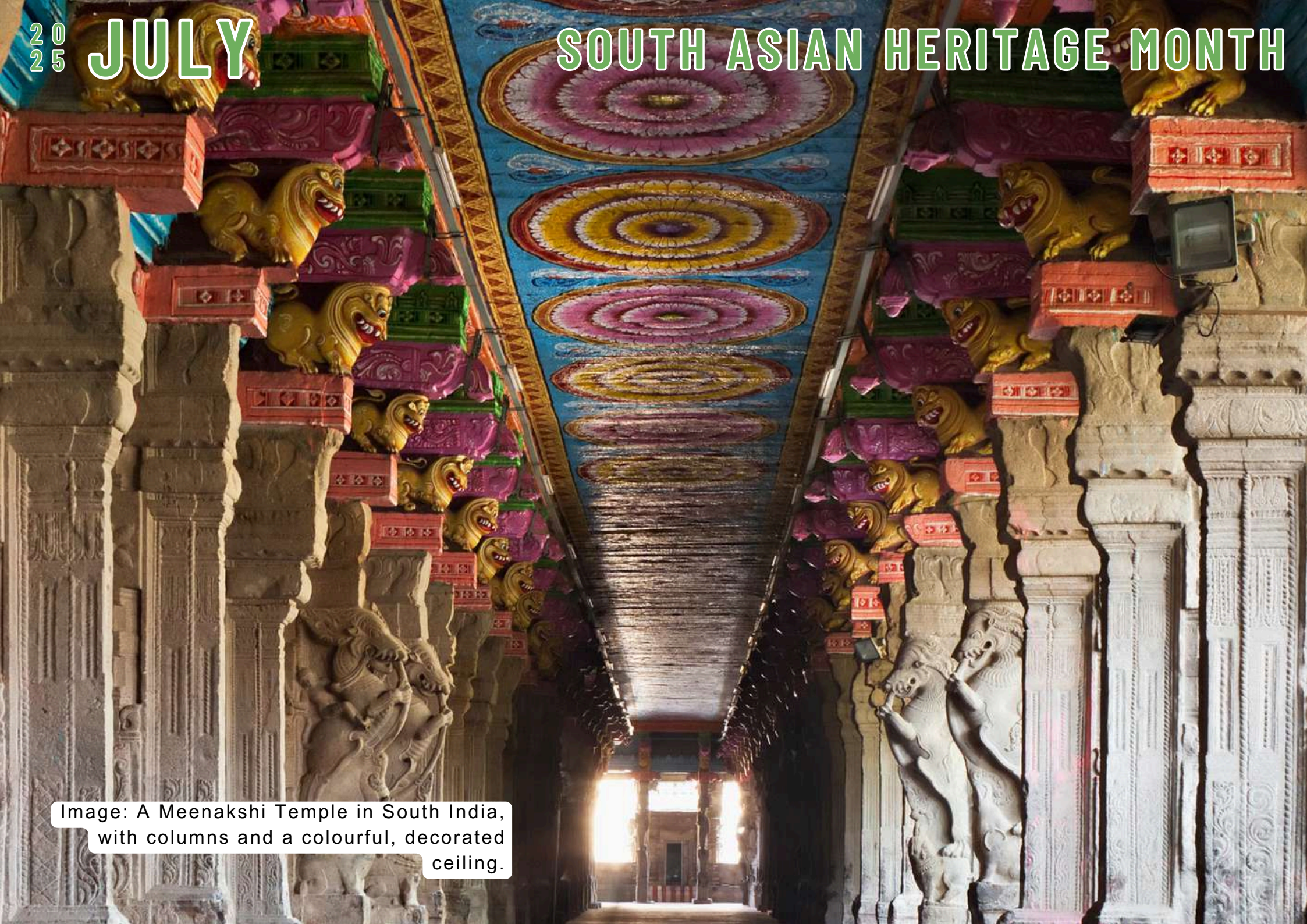


Image: A Meenakshi Temple in South India, with columns and a colourful, decorated ceiling.

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
		①	2	③	④	⑤
6	7	⑧	9	⑩	11	12
13	⑭	15	16	17	⑱	19
20	21	22	⑳	24	25	26
27	㉘	29	㉓	31		

Focus on South Asian Heritage Month

South Asian Heritage Month (SAHM) first took place in 2020 and runs from the 18th of July to the 17th of August each year.

SAHM seeks to commemorate, mark and celebrate South Asian cultures, histories, and communities.

The month seeks to understand the diverse heritage and cultures that continue to link the UK with South Asia.

South Asian culture has made a significant impact on Britain in various aspects, such as food, clothing, music, words, and the overall ambiance of our towns and cities.

KEY DATES

Whole month - Disability Pride Month
- Start of South Asian Heritage Month

1st - Burundi Independence Day
- Canada Day

3rd - Belarus Independence Day

4th - USA Independence Day

5th - Birthday of Guru Hargobind (Sikh)
- Ashura (Evening of Saturday until 6th) (Islam)

8th - Martyrdom of the Bab (Evening of Tuesday until evening of 9th) (Baha'i)

10th - Dharma Day (Buddhism)

14th - International non-binary people's day
- France National Day

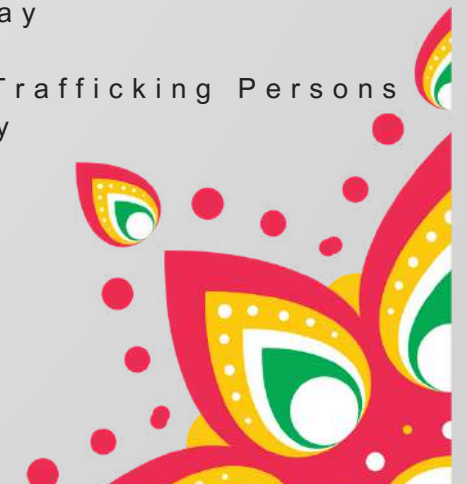
18th - Nelson Mandela International day

23rd - Birthday of Emperor Haile Selassie (Rastafari)

- Egypt Revolution Day

28th - World Hepatitis Day

30th - World Day Against Trafficking Persons
- Morocco Throne Day



**AUGUST 20
25**

**INTERNATIONAL DAY FOR THE REMEMBRANCE OF THE
SLAVE TRADE & ITS ABOLITION**



Image: two pairs of hands releasing 7 birds into the sky.

AUGUST

KEY DATES

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 1st - Lammas (Christian)
- Foundation of Confederation of Switzerland
- 2nd - Tish'a B'av (from Saturday until 3rd) (Judaism)
- 6th - Jamaica Independence Day
- 7th - Cote D'Ivoire Independence Day
- 9th - Raksha Bandhan (Hindu)
- International Day of the World's Indigenous People
- 13th - Obon (from Wednesday until the 15th) (Buddhism)
- 15th - Indian Independence Day
- 17th - Gabon Independence Day
- Indonesian Independence Day
- 19th - World Humanitarian Day
- Afghanistan Independence Day
- 22nd - International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
- 23rd - International Day for the Remembrance of the Slave Trade and its Abolition
- 24th - Ukraine Independence Day
- 25th - Uruguay Independence Day
- 27th - Ganesh Chaturthi (Hindu)
- 28th - Samvatsari (Jain)

Focus on World

Humanitarian Day

World Humanitarian Day is an international day dedicated to recognise humanitarian personnel and those who died working for humanitarian causes.



SEPTEMBER 20
25

WORLD SUICIDE
PREVENTION DAY



Image: Two hands, palms forwards with the words 'Equal Pay' written on them in blue pen.

SEPTEMBER

KEY DATES

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Focus on Equal Pay Day

International Equal Pay Day, celebrated on 18 September, represents the longstanding efforts towards the achievement of equal pay for work of equal value. It further builds on the United Nations' commitment to human rights and against all forms of discrimination, including discrimination against women and girls.

Across all regions, women are paid less than men, with the gender pay gap estimated at around 20 per cent globally.

Whole Month - Sickle Cell Awareness
- Blood Cancer Awareness
- World Alzheimer's Month
- Menopause Awareness Month

- 1st** - Ecclesiastical year begins (Christian)
- Slovakia Constitution Day
- 4th** - Mawlid al-Nabi (evening of Thursday until 5th) (Islam)
- 7th** - Brazil Independence Day
- 10th** - World Suicide Prevention Day
- 16th** - Mexico Independence Day
- 18th** - International Equal Pay Day
- 21st** - World Alzheimer's Day
- International Day of Peace
- 22nd** - Sharad Navratri (Hindu)
- Rosh Hashanah (from sundown on 22nd, until nightfall on 24th) (Judaism)
- Mali Independence Day
- 23rd** - Bi Visibility Day
- International Day of Sign Languages



OCTOBER 20
25

BLACK HISTORY MONTH



Image: Two hands, clasped, in front of a red, yellow and green flag.

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
			①	②	3	4
5	⑥	7	⑧	⑨	⑩	⑪
12	13	14	15	⑩	17	⑩
19	⑩	21	⑩	23	⑩	25
⑩	27	28	⑩	30	31	

Focus on Black History Month
In the UK, Black History Month happens every October. It gives everyone the opportunity to share, celebrate and understand the impact of black heritage and culture. People from African and Caribbean backgrounds have been a fundamental part of British history for centuries. However, campaigners believe their contribution to society has often been overlooked or distorted.



KEY DATES

Whole Month - Black History Month

- Breast Cancer Awareness
- Down Syndrome Awareness
- World Menopause Awareness
- ADHD Awareness Month

1st - Yom Kippur (Wednesday at nightfall until nightfall on 2nd) (Judaism)

- Introduction of the Equality Act Anniversary
- International Day of Older Persons
- National Day of the People's Republic of

China

- Nigeria Independence Day

2nd - Vijaydashami (Hindu)

6th - Sukkot (Sundown on Monday until nightfall on 13th) (Judaism)

- World Cerebral Palsy Day

8th - Dyslexia Awareness Day

9th - Birthday of Guru Ram Das (Sikh)

10th - World Mental Health Day

- World Sight Day

11th - National Coming Out Day

16th - International Pronouns Day

18th - Anti-slavery Day

- World Menopause Day

- Show Racism the Red Card's Wear Red Day

20th - Diwali (Hindu/Sikh)

- Birthday of Guru Granth Sahib (Sikh)

22nd - Birth of the Bab (Baha'i)

24th - Zambia Independence Day

26th - Intersex Awareness Day

29th - World Stroke Day

NOVEMBER 20
25

DISABILITY HISTORY
MONTH



Image: a group of rainbow cartoon figures on a black background. The red and blue characters have a limb difference, the orange character has a walking stick and glasses, the yellow character is in a wheelchair, the pale green character has a speech bubble next to them, the darker green character has a larger body, the purple character has a shorter stature and the pink character has no visible sign of difference.

NOVEMBER

KEY DATES

SUN MON TUE WED THU FRI SAT

1

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21 22

23 24 25 26 27 28 29

30

Focus on Disability History Month

UK Disability History Month (UKDHM) is an annual event creating a platform to focus on the history of the struggle for equality and human rights for those with disabilities.



Whole Month - Start of Disability History Month (14th November until 13th December)
- Movember Men's Health Awareness Month

- 2nd - All Souls' Day (Christian)
- 5th - Birthday of Guru Nanak Jayanti (Sikh)
- Guy Fawkes Night (Bonfire Night)
- 9th - Remembrance Sunday
- Cambodia Independence Day
- 11th - Armistice Day
- Poland Independence Day
- 13th - Transgender Awareness Week (from Thursday until 19th)
- 14th - World Diabetes Day
- 15th - Nativity Fast (starts on 15th and ends on 24th December) (Orthodox Christian)
- Independence Day of Palestine
- 18th - Latvia Independence Day
- 19th - International Men's Day
- 20th - Transgender Day of Remembrance
- 24th - Day of the Covenant (evening of 24th until 25th) (Baha'i)
- 25th - International Day for the Elimination of Violence Against Women
- 28th - Albania Independence Day
- 30th - St Andrew's Day
- Advent Sunday

DECEMBER 20
25

WORLD AIDS DAY



Image: a red ribbon on a grey background

DECEMBER

KEY DATES

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Focus on World AIDS Day

World AIDS Day is a global movement to unite people in the fight against HIV and AIDS. Since 1988, communities have stood together on World AIDS Day to show strength and solidarity against HIV stigma and to remember lives lost. World AIDS Day exists to shine a light on the real experiences of people living with HIV today, while celebrating the strength, resilience and diversity of the communities most affected. It is a moment to inspire the leadership needed to create a future where HIV doesn't stand in the way of anyone's life.

Whole Month - Universal Month for Human Rights

- 1st** - World AIDS Day
 - Gita Jayanti (Hindu)
 - Romania Unification Day
- 2nd** - International Day for the Abolition of Slavery
- 3rd** - International Day for persons with Disabilities
- 6th** - Feast of Saint Nicholas (Christian)
- 8th** - Bodhi Day (Buddhist)
- 10th** - Human Rights Day
- 14th** - Hanukkah (14th until 22nd December) (Judaism)
- 16th** - Dhanu Sankranti (Hindu)
- 18th** - International Migrants Day
- 20th** - International Human Solidarity Day
- 21st** - Winter Solstice
- 24th** - Christmas Eve (Christian)
 - Libya Independence Day
- 25th** - Christmas Day (Christian)
- 26th** - Boxing Day
 - Saint Stephen's Day (Christian)
- 31st** - New Year's Eve

