

July 2021
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NHS

Sheffield Teaching Hospitals
NHS Foundation Trust

Good Health

The newsletter for members of
Sheffield Teaching Hospitals NHS Foundation Trust

INSIDE:

Council of
Governors election
results: meet the
Governors



NHS
COVID-19
Vaccination Centre

Have you had both vaccinations?

Read James's story to find out why it's important

Welcome to the Summer edition of Good Health

It continues to be an exceptionally busy time across our hospitals, community health services and COVID-19 vaccination sites.

As well as working incredibly hard to catch up with the care that was paused during the pandemic, we are regrettably beginning to see another rise in COVID-19 cases in the community and being admitted to our hospitals. Our attendances at A&E are also rising rapidly and indeed are more akin to the demand we see in winter than the traditional summer months.

I would urge anyone who has not yet had both of their vaccinations to pop along to any of the vaccination centres, most are open 7 days-a-week and you do not need an appointment – you can just walk in.

Also if you need healthcare please think carefully about where the most appropriate place is rather than defaulting to A&E. Often you will be seen quicker by choosing another option. All the details can be found on page 6.

We were delighted to get the green light to re-open the Hadfield building after work was completed on it over the past 18 months and we have also refurbished some of our other facilities which you can read about in this edition of Good Health.

Finally I would like to congratulate our Governors who have been elected by members and also say thank you to those Governors whose term of office has come to an end. We are very fortunate to have excellent Governors who support the Trust and represent the views of our members.

I hope you enjoy reading the other news we have and please stay safe during these difficult times.

Annette Laban

Chair



What's inside...

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Online Annual Members' Meeting 23 September 2021

Guest speaker: Dr Kevin Smith, Deputy Director Health Care from Public Health England in Yorkshire and the Humber.

Email jane.pellegrina1@nhs.net to register your interest and we will contact you with further details.

“Make sure you get the vaccine...” says 25 year-old hospitalised with Covid

A fit and active 25 year-old man who was hospitalised for six days with severe Covid-19 has called on everyone 18 and over to make sure they get both Covid vaccinations. James Cook, 25, contracted Covid after going out for a meal to celebrate his girlfriend's birthday.

He subsequently spent six days in the Royal Hallamshire Hospital receiving treatment, including oxygen therapy, after developing Covid-19 pneumonia.

James, who has no underlying health conditions and runs, plays football and goes to the gym, hadn't been vaccinated when he caught Covid.

He said:

“All of us who went out for the meal got it. We were all aged 25–28 with no underlying conditions, but I seemed to get it really badly, the doctors said I had every symptom. At first it seemed like a really bad cold and I tried to tough it out, but it got worse and worse and reached the point where I could not breathe properly and my girlfriend had to wake me up because my breathing was so shallow and fast it was scaring her.

“She had to call an ambulance and I was taken to hospital and I was in there for a week. I felt physically terrible, I was wheezing, I felt dizzy, there was fluid on my lungs. Even after leaving hospital I still feel dreadful and have had to spend four or five days in bed.

“I would consider myself to be fairly fit, and together with my age and my health would typically be seen as low risk. I hadn't had the vaccine because I was really busy, I'd just started a new job and like an idiot I thought I would wait until everything had settled down a bit.

“Now I've been telling all my friends to make sure they get fully vaccinated as soon as they can because this is not something to be taken lightly, and you shouldn't assume it won't make you ill just because you're young and healthy.”



Arena vaccination centre moves to Longley Lane, Sheffield

The NHS Sheffield Vaccination Centre at Longley Lane, adjacent to the Northern General Hospital, opened on July 26.

The new site is a replacement for the Sheffield Arena Vaccination Centre, which has now closed as the Arena plans for the return of concerts and events in line with the national roadmap out of lockdown.

The full address for the new site is: **NHS Sheffield Vaccination Centre, Longley Lane, Sheffield, S5 7JN**

People who had a second vaccination booked at the Arena from July 26 onwards have had their appointment automatically transferred to Sheffield NHS Vaccination Centre for the same date and time. If you are happy with this you do not need to do anything. You will also receive a text message reminder of the new location.

The new site will be signed Sheffield NHS Vaccination Centre, parking will be available and staff will be on site to welcome you.

People who would like to change their second dose appointment can do so by using the online booking system: www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination or by calling 119 free of charge.

No need to book a COVID-19 jab appointment - just walk in

It has never been easier to get your COVID-19 vaccination as walk in services are now available at many local pharmacies and pop-up clinics around Sheffield and South Yorkshire.

Simply turn up and get protected. They are doing first and second jabs (8 weeks after your first dose) 7 days-a-week. No queues as you will be seen straight away.

For the latest information on locations please visit www.sth.nhs.uk and check our social media feeds.

 @SheffieldHosp

 @SheffieldTeachingHospitals

Results of elections to Council of Governors 2021

This year's election process ran from 28 April to 24 June. The elections were conducted on behalf of the Trust by Civica Election Services in accordance with the rules set out in the Trust's Constitution using the single transferable vote electoral system. The Trust would like to thank all the candidates for taking part and to congratulate the successful candidates. Also many thanks to all our members who took the time to vote. Now the votes have been counted and we are pleased to announce the results:

Constituency	Seats	Candidates	Elected
Patient	Two	George Chia Michelle Cook Stella Mascarenhas-Keyes	George Chia Michelle Cook
Public Sheffield South East	Two	Paul Dore Ian Merriman	Paul Dore Ian Merriman
Public Sheffield South West	One	Colin Muncie Joe Saverimoutou Nathan Wood	Joe Saverimoutou
Public West Sheffield	One	Lewis Noble Jim Steinke	Lewis Noble
Public Outside Sheffield	One	Mark Wilcox	Mark Wilcox
Staff: Nurses & Midwives	One	Iain Armstrong Christina Blaydon Andres Dela Luna Irene Mabbott	Irene Mabbott
Staff: Primary & Community Services	One	Jessica Sheehan	Jessica Sheehan

Meet your elected Governors

George Chia

Patient Governor – re-elected

I would like to take this opportunity to thank you all for your votes re-electing me as a Patient Governor for a second term of office. Needless to say that I will continue to be the 'ears and mouth' of the public and of patients using the services provided by Sheffield Teaching Hospitals. The Covid-19 pandemic year has been very challenging for all of us, and I see my role being to listen carefully to the plans for managing hospital services and at the same time to offer constructive comments to the Board of Directors ensuring that the care and needs of patients are always the priority.



Michelle Cook

Patient Governor – elected

I would like to thank all the Trust members for electing me once again to represent them. I intend to be a voice for patients, seeking to ensure that high quality care is available for all users of our local hospitals and clinics as we face the challenges ahead. I am a former nurse and a family carer for one of my sons who has autism. I am a long time patient of the diabetes centre at the Northern General Hospital and recently under the care of neurology at the Royal Hallamshire Hospital. As a former governor and Sheffield City Councillor, specialising in health and social care, I have seen first-hand, during my own excellent treatment, the hard work of staff and the importance of patient involvement. Having helped rebuild mine and my family's health, both in hospital and in the community. I want to give something back.



Ian Merriman

Public Governor South East Sheffield – re-elected

I am delighted to have been re-elected to serve on the council of governors for a further three-year term representing the members in South East Sheffield and I look forward to continue working with other Governors. It is a great privilege to be involved in our hospital Trust and I hope in some meaningful way that my contribution will help maintain the standards that have been delivered in the past.



Joe Saverimoutou

Public South West Sheffield – re-elected

I would like to say thank you to members who voted for me. I was a charge nurse at the Northern General Hospital and a senior nursing lecturer.



I am the Chairperson of Sheffield Environmental Movement, a charity dedicated to promoting health and well-being through access to the natural environment for the Black and Ethnic Minorities.

I am au-fait with the workings of the Trust and of the NHS. I am passionate about our NHS and about the health and well-being of our communities.

Over the coming months the Trust faces numerous challenges created by the pandemic, such as addressing backlogs of care, physical and mental health problems associated with Covid and health inequalities that Covid-19 has exposed.

As a governor I intend to support the Trust and I will do my utmost to effectively represent your views and to seek to ensure that you and the people of Sheffield receive the highest standard of care at all stages of life.

Mark Wilcox

Public Outside Sheffield – elected

I'm very pleased to be elected as a Governor and look forward to getting involved with STH.

My links to STH are due to having a lifesaving operation at the Northern General Hospital over 5 years ago. I now have an annual check-up and consider myself a satisfied customer of the Trust and a walking advert of the quality service.

I live near Holmfirth (20 Miles away) and represent the Outside Sheffield Constituency. I have many links with the city, having been involved in various projects over the years, including a Cycle for Health programme run from several parks in Sheffield.

As a Governor I would like to draw on many years' research, education and training in a wide range of organisations. My work revolved around quality management and I also have a keen interest in environmental concerns. So my focus will be on the effective use of facilities and resources with a critical eye on the carbon footprint.

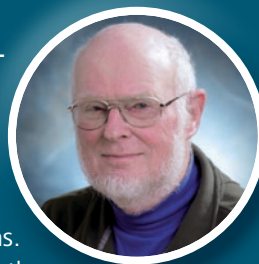


Lewis Noble

Public Governor West Sheffield – re-elected

Thanks to everyone who voted in the Governor elections.

The next few months are set to remain very difficult for all; NHS staff, other key workers in all sectors, and members of the public alike. Balancing continuing pressures related to the pandemic will remain difficult, but the voice of patients and the wider community must still be heard. I plan to seek ways to improve the way we engage with members and our constituencies.



Paul Dore

Public Governor South East Sheffield – elected

Having trained as an Aircraft Engineer and spending over 10 years in the Royal Air Force, I settled in Sheffield with my wife in 2016. The same year, I transferred my engineering experience into a Surgical Engineering role, specialising in the operating theatre environment.

I am delighted to have been elected to the role of Governor and will strive to ensure that the Trust's and, more importantly, the Patients' best interests are at the forefront of any decisions I make. In what has been a most challenging year, I look forward to hearing many and varied opinions on where we see the Trust post-pandemic.

I hope to meet many of you in person soon so that we can all, together, strive to make Sheffield Teaching Hospitals the best they can be.



Did you know you can read Good Health online?

www.sth.nhs.uk/members/good-health-news

Find us on Facebook

 @SheffieldTeachingHospitals

Follow us on Twitter

 @SheffieldHosp

Helping us to help you...

Minor Injuries Unit at Royal Hallamshire Hospital

The Minor Injuries Unit (MIU) at the Royal Hallamshire Hospital has now re-opened.

The unit temporarily closed in early April 2020 when demand dropped due to lockdown and staff were redeployed to support the main A&E and hospitals dealing with the surge in Covid-19 patients. The MIU has now returned to its normal opening hours (8am–8pm, 365 days a year) and provides care for patients with minor injuries including broken bones, burns and cuts.

No appointment is necessary but patients are asked to practice social distancing, wear a mask and gel their hands. The Minor Injuries Unit does not provide care for patients with minor illnesses, chronic health conditions or if the injury requires a 999 ambulance.



Choose the right care

For minor illnesses and injuries there are a range of other services in the City which provide care or advice.

- **The NHS Walk-In Centre** on Broad Lane open from 8am–10pm, 365 days, for minor illnesses.
- **Local pharmacies** for confidential, expert advice and treatment for most common illnesses and injuries. Many Sheffield pharmacies are open evenings, weekends and bank holidays – no appointment needed.
- **Most GPs** offer extended opening hours and additional appointments. For details visit <https://sheffieldurgentcare.co.uk/gp-practices.html>
- **Six GP Hubs** across Sheffield offer evening (6–10pm) and weekend healthcare services for urgent and routine needs, open 365 days a year. Book appointments through your usual GP practice or by calling 111.

Anyone who is in doubt about which urgent care service they need to use should call NHS 111, or visit NHS 111 online first.

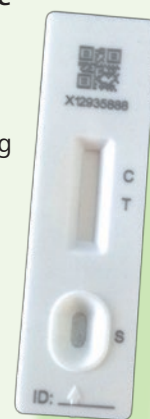
Visit our urgent care site for more information:
www.sheffieldurgentcare.co.uk

All visitors to have a negative C-19 lateral flow test before coming into hospital

To help us keep the risk of Covid-19 as low as possible we are asking everyone who is coming in to our hospitals to take a Covid-19 lateral flow test before arriving.

This includes all patients and visitors – staff already undertake testing twice weekly. Although we won't be requesting proof of lateral flow results, we are asking people to do this as an extra precaution to help us to limit transmission of Covid-19. Lateral flow tests provide results within 30 minutes and can be done easily by yourself, with instructions provided with each test.

To find out where you can get lateral flow tests free of charge, please visit <https://www.sheffield.gov.uk/covidtests> or call 119. The website also enables you book an appointment at the Institute of Sport, where staff will be able to help you conduct your test if you need assistance.



New Non-Executive Directors appointed

Toni Schwarz and Maggie Porteous have been appointed to the Trust Board of Directors as Non-Executive Directors for a four-year term.

Dr Schwarz is the Dean of the College of Health Wellbeing and Life Sciences at Sheffield Hallam University. This role as a Sheffield Hallam University nominated Non-Executive is the second such role on the Board of Directors. The other is held by the University of Sheffield.

Maggie Porteous brings more than 30 years of business experience working for John Lewis, where she was Director of Shop Trade until 2020 and responsible for the leadership of 51 John Lewis shops. Non-Executive Directors help to shape the Trust's strategic direction, act as ambassadors and provide advice and support to the Executive Team.



Toni Schwarz



Maggie Porteous

Hadfield building all-clear to re-open

The Robert Hadfield Building at the Northern General Hospital is now back in use for patient care after South Yorkshire Fire and Rescue Service gave the go-ahead for it to re-open.

The building has been out of action for around two years after concerns were raised predominantly about fire protection measures in the walls. The building has undergone a significant programme of remedial works to address the issues raised.

Kirsten Major, Chief Executive, said:

“The safety of our staff and patients is paramount and so whilst it has taken a considerable period of time to get to this point, it was important we undertook the required work and were satisfied we had confirmation from the Fire Service it was fit to use for patient care once again. I would like to thank all our teams for the work they have done to manage this situation over the past two years, especially given the challenges of COVID-19.”

During the period the building has been out of use, the Trust has not paid the unitary charges and NHS money has not been used to pay for the repair work.



You will still need to wear a mask, gel your hands and keep your distance when in our hospitals from Monday 19th July

We are keeping current restrictions in place because of the high level of COVID-19 cases in Sheffield and rising numbers of people being admitted to our hospitals.

We see very high numbers of people who are very vulnerable to infection and so we want to do everything we can to reduce transmission of COVID and limit disruption to healthcare services if cases rise again.

Thank you for your support and more details can be found on our website:
www.sth.nhs.uk



Tell us about your experience of the Accident & Emergency department at Northern General Hospital

We want to know what we do well, and what we can do better for people who attend our Accident & Emergency (A&E) Department.

If you have a recent experience of attending our A+E department, we would love to hear from you. Please complete our questionnaire to let us know more about your experience and help us to identify the right areas to focus on making improvements. You can access the survey by following this link: <http://ratenhs.uk/g3bsPt>

In order to access the survey, please open this link in a Google Chrome browser, not Internet Explorer. In addition, if you are part of, or know of, a community group who may be interested in participating in one of these conversations, please contact us at:

sth.engagement@nhs.net

The PALS team on 0114 271 2400

New specialist medicines preparation unit opens

A newly built state-of-the-art pharmacy aseptic unit at Weston Park Cancer Centre will make and prepare tailor-made chemotherapy and immunotherapy treatments that help treat cancer patients.

The new larger facilities will allow more tailor-made medicines to be prepared on site, enabling Weston Park Cancer Centre to meet the increased demand for cancer treatments and therapies.

It will also be key in supporting the development of clinical trials investigating gene therapies, which are set to play an important role in future cancer therapy, and other new and emerging treatments. The facilities provide a more modern and comfortable environment for staff, with four pharmaceutical isolators installed to protect both the products and personnel as cytotoxic drugs can damage normal tissue as well as cancerous tissues.

Kirsten Major (centre) performs the ribbon cutting with Deputy Chief Pharmacist, Graham Marsh (left) and Principal Pharmacist, Keith So (right)



Immunology and Allergy Unit gets a makeover

A major refurbishment of the Clinical Immunology and Allergy Unit has been completed with unit expanded and upgraded.

The unit, which sees around 190 patients a week, now has a more spacious waiting area, five consulting rooms, a new phlebotomy room and a day case area with 12 chairs for administration of treatment.

The new modern facilities will ensure that growing demand can be met whilst providing additional space for six people to remain socially distanced in the waiting area.



Accolade for pioneering Long COVID-19 service

A new specialist service aimed at helping patients suffering with the long-term effects of Covid-19 has been shortlisted for a Health Service Journal Patient Safety Award.

The Sheffield Long Covid Programme, which was set up by the Trust and NHS Sheffield Clinical Commissioning Group, is a finalist in the 'Service User Engagement and Co-production' category. Around one in five people who have had a Covid-19 infection go on to develop longer term symptoms. Dr Sarah Jenkins, Programme Clinical Lead, said:

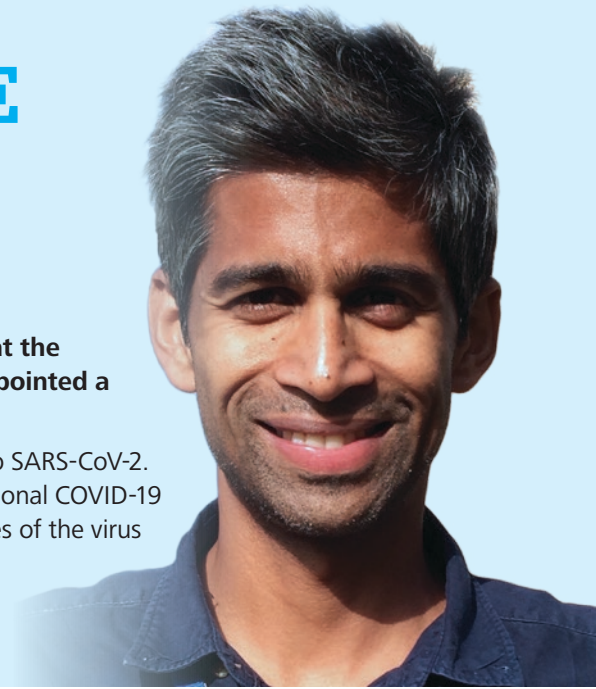
"Long Covid is a new medical condition but right from the start our team have worked phenomenally hard to reflect the lived experiences of patients, bringing together doctors, nurses, physiotherapists and occupational therapists to offer physical and psychological assessments and ensure patients can be referred to the right treatment and rehabilitation services based on their individual needs."



Consultant receives MBE for services to COVID-19 research

Dr Thushan de Silva, Honorary Consultant Physician in Infectious Diseases at the Trust and Senior Clinical Lecturer at the University of Sheffield has been appointed a Member of the Order of the British Empire (MBE).

Since the start of the pandemic in the UK, Dr de Silva has spearheaded research into SARS-CoV-2. He leads the Sheffield Covid-19 Genomics group, which was formed part of the national COVID-19 Genomics UK (COG-UK) Consortium and was one of the first to publish full genomes of the virus in the UK.



Damien Hirst donates artwork

A beautiful artwork by Damien Hirst, titled Butterfly Rainbow, which was donated to the Trust, has been unveiled at the Northern General Hospital.

The artwork will be permanently displayed at the main entrance of the Huntsman building.

The artwork, created by Hirst, was one of more than 60 prints offered to various hospital Trusts across the country, and is made up of bands of coloured butterfly wings, one of the artist's best known motifs.



Chris Anthony, Sheffield Hospitals Charity, and Kirsten Major, STH Chief Executive, with the artwork

Neurology team win international award for care of Motor Neurone Disease patients

Dr Mahjabin Islam, Specialist Registrar, and her team have received one of the most prestigious awards in the Neurology field, recognising their pioneering ideas for service improvement for patients with Motor Neurone Disease.

The team were awarded the winners of the 2021 QI Innovation Award from the American Academy of Neurology. They received the award for their innovative 'Pick, Tick and Click' method which aims to simplify the intricate process of managing MND patient's needs and improve the quality of care and support individuals receive.





Volunteers play crucial role in vaccination programme

In this edition of Good Health we wanted to shine a spotlight on the positive contribution our volunteers have made in supporting the NHS throughout the Covid-19 pandemic. So many of our volunteers have helped the NHS deliver the biggest vaccination programme in its history as well as fulfilling other varied roles in the Trust. This includes collecting medications, promoting Covid-19 safety measures and making sure donated clothing gets to patients who need them.

Julie Fox started volunteering at the Covid-19 vaccination centre at Sheffield Arena in February 2021. As well as welcoming patients at the entrance to the Arena, she shows people where to go, manages the queues for the vaccine 'pods' and helps patients to feel at ease with the vaccination process.

Julie is one of 140 Sheffield Teaching Hospitals volunteers who has collectively given over 192 full time weeks of work to support the Covid-19 vaccination programme.

"Coming into the Arena can be a bit daunting – it is a big place and essentially you are coming for someone to put a needle in your arm! We try to bring a smile, a big welcome and bit of sunshine to help make the visit as easy and as positive as possible."

Richard Taylor, who normally works in the arts, also signed up for a voluntary role at the NHS Covid-19 vaccination centre. He now guides visitors through the vaccine process, from entry and 'check-in', to directing them back to the car park or tram afterwards.

"Volunteering has had such a positive effect on my own sense of purpose and wellbeing that I will certainly continue to be involved with volunteering for the NHS as long as I can."

Geraldine Ball, who worked in NHS virology laboratories for 36 years until she retired, is now volunteering at the Arena as well.

"I wanted to do my bit, however small, to help bring an end to the pandemic."

And it's not just the Covid-19 vaccination programme volunteers have continued to support throughout the pandemic.

Anita Bates became a volunteer she wanted to do something different and because her husband had cancer, and now volunteers as a pharmacy runner.

"I wanted to give something back in his honour. To learn new things, meet people, make new friends and make a difference to their lives."

She now takes chemotherapy to the nurses' stations and helps staff get the boxes packed ready for delivery to patients.

Other volunteer roles that have continued throughout the pandemic are welcoming, hospital radio staff and marshals supporting the drive-through blood testing service.

Emma Scott, Voluntary Services Manager, said:

"The NHS Covid-19 vaccination programme simply could not have functioned without volunteers. Over 200 of them have continued to freely give up their time in a variety of roles to provide a friendly smile and vital support to patients. We'd like to take this opportunity to say a big thank you to them for their amazing support."

If you are interested in volunteering, please visit <https://www.sth.nhs.uk/work-for-us/volunteering> or contact us on sth.volunteer@nhs.net or 0114 271 5735 for further information.

Help to build a dedicated wellbeing garden for patients and staff



Sheffield Hospitals Charity

Sheffield Hospitals Charity is asking the people Sheffield to get to their gardens and help to raise funds to build a stunning wellbeing garden at the Northern General Hospital.

The 'Secret Garden Project' is the first of several wellbeing projects across the Trust to improve the hospital experience for patients and staff.

Whether it's a barbecue, picnic or afternoon tea, you'll be making a difference to thousands of local patients and staff for years to come.

When you sign up, we'll give you everything you need to host the best garden party, including bunting, cake-wraps, invites, recipes and more!

Find out more and sign up at sheffieldhospitalscharity.org.uk/gardenparty



The Sheffield Half Marathon and 10K are back!

Join the Sheffield Hospitals Charity team and take on the Sheffield Half Marathon or Sheffield 10K to support patients and staff across your local hospitals.

Both runs will take place on 26 September 2021, starting in Sheffield City Centre. With an unrivalled atmosphere and sensational support along the routes, it's no wonder both runs see thousands take part every year.

The Half Marathon boasts a scenic route with views of the picturesque Peak District, whilst the shorter 10K has a fantastic route right through the heart of our beautiful city. Register for a charity place on either run by visiting our events page at sheffieldhospitalscharity.org.uk/events

Already have a place and want to raise funds to support local patients and staff? Let us know by emailing fundraising@shct.nhs.uk

Patients at Cystic Fibrosis Unit benefit from charity funded 'patient art boxes'

Patients with Cystic Fibrosis (CF) will be able to take part in art workshops and make use of dedicated 'patient art boxes', thanks to the charity funded Arts in Health programme.

The boxes are filled with art-making materials that will be used by patients during the workshops, helping to keep them occupied and improve mood during hospital stays.

The charity's ambassador, Sheffield artist Joe Scarborough, also donated a selection of his prints to be used during the art workshops to provide some extra creative inspiration.

For more information about the Arts in Health programme or to support their work, please visit sheffieldhospitalscharity.org.uk/art



Trust reassures women following CQC inspection

The Trust has assured women coming to the Jessop Wing that they will continue to receive safe, good care following a decision by the Care Quality Commission (CQC) to lower the maternity service rating from Outstanding to Inadequate.

The change to the maternity service rating follows a two-day inspection by the CQC in March 2021. The inspection was only on maternity care and did not cover the Neonatal Unit, Gynaecology, or Jessops Fertility services.

The inspection covered three of the five CQC domains; Safe, Well-led and Effective. The other two domains of Responsive (rated as

outstanding) and Caring (rated as good) were not reviewed at this inspection and remain unchanged. However new ratings were given for the other three domains which led to an overall drop in the service rating to Inadequate.

During the visit the CQC Inspectors found a number of areas of good practice within the maternity service and felt staff were focused on the needs of the women receiving care.

However the CQC also required the Trust to take immediate action to address some systems and processes which they considered were not robust enough around risk management, learning from incidents and triage and assessment.

The Trust has responded with an action plan and many of the inspection recommendations have already been implemented. Inspectors also felt that

midwifery staffing levels in some areas were lower than recommended by national guidance and had been impacted on by a number of vacancies. However, since the inspection three months ago, 30 new midwives have been offered posts and will be joining the Jessop Wing team in September. 14 Midwifery Support Workers have also been appointed and a further 11 are in training.

Kirsten Major, Chief Executive, said:

“I want to assure women coming into Jessop Wing to have their babies that our maternity teams work incredibly hard every day to ensure their care is always the number one priority and whilst we are exceptionally disappointed with the findings of the CQC report, we welcome the external scrutiny and have wasted no time in responding to the actions which have been identified as necessary.”

Sheffield mum praises Jessop Wing staff after having four babies in less than a year

A now mum-of-five, has praised staff at Jessop Wing for their support after welcoming four babies in just 11 months.

31 year-old Jessica Pritchard, of Mosborough, was already proud mum to daughters Molly, aged eight and Mia now aged one when her and partner Harry Williams were ‘left speechless’ after finding out they were expecting triplets when Mia was just five months old. Jessica, said:

“I went for an early pregnancy scan and was shocked when the sonographer initially said it was twins, but was absolutely speechless when she then saw another and said it was triplets.”

George, Olivia and Ella were born at 31 weeks in April 2021 when sister Mia was just 11 months old. Ella weighing 2lb 9oz, George 3lb

11oz and Olivia 3lb 13oz, they spent seven weeks between neo-natal care and the Special Care Baby Unit at Jessop Wing. Jessica said:

“The staff at Jessop Wing have been amazing and we are so grateful for their support. I was there most of the time but with an 11 month old I was also needed at home which was difficult, but the staff made it as easy for me as they possibly could, reassuring me, sending pictures, updates and answering any questions I had at all. They have been absolutely amazing and have really made the difference to our experience.”



Become a Member of the Trust

Please register me as a member of the Sheffield Teaching Hospitals NHS Foundation Trust

Title Mr Mrs Ms Dr Other:

Family name: First name:

Address:

Postcode: Telephone:

Email: Date of Birth: | |

I would describe my ethnic background as: White British | White other (non-British) | Asian or Asian British
Black or Black British | Mixed/Multi-heritage | Other not stated

I declare that I am eligible and would like to become a: Public Member | Patient Member

Signed:

Members will not receive any preferential access to health services as this would be contrary to NHS principles.

Post to: Sheffield Teaching Hospitals NHS FT, FT Office, Clock Tower Building, Northern General Hospital, Sheffield S5 7AU

Or register online at: <https://www.sth.nhs.uk/members/become-a-member>