Rehabilitation in Critical Care
An integrated approach to normal movement, critical illness and exercise physiology

A theoretical and practical study day combining the principles of normal movement, exercise physiology and therapeutic handling. The course will include applied physiology and the impact of critical illness and immobility on physical function in Critical Care.

Saturday 10th March 2018
09:00 to 17:00 (Registration 08:30)
Royal Hallamshire Hospital
Glossop Road
Sheffield
S10 2JF

20 Course Places
Course Fee: £100
Lunch and refreshments included

Course Outline
- Context of rehabilitation in Critical Care
- Pathophysiological effects of immobility and critical illness
- Responses to exercise during/following critical illness
- Safety considerations in Critical Care rehabilitation
- Integrated movement analysis and exercise physiology
- Movement Analysis of Postural Sets (lying/sitting/standing)
- Rehabilitation Approaches relevant to the bed-based patient, in sitting and in standing

Suitable for qualified Physiotherapists with experience of working within adult Critical Care. Postgraduate experience of rehabilitation delivery within a Critical Care environment is advisable.

For course booking please contact:
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For further information please contact the course administrator:
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Course Speakers

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