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18th March 2020

Advice on Cladribine (Mavenclad) in view of Covid 19.

We have received guidance from the Association of British Neurologists, The MS Society and Public Health England. They have reviewed the data about Coronavirus with respect to people with multiple sclerosis and we have discussed this as a team.

There is no current information to prove Cladribine changes the risk of Coronavirus infection, however as it may slightly increase your chance of infection overall, we have made these suggestions.

Since the risk of infection may be highest around the time of your treatments, for the moment we recommend that treatments are delayed while more information is being gathered.

Once it is clear to the best course of action, we will be in contact to arrange for your treatment

We would recommend keeping updated with further advice from the NHS at:
<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please pay particular attention to the guidelines for people with a long term health condition as this includes MS. The currently recommends social distancing and these guidelines are expected to change over the next few days.

I hope this information is of reassurance to you.

Best wishes

Dr David Paling on behalf of the MS team

Advice on your MS treatment in view of coronavirus.

Do

- Wash your hands with soap and water often – do this for at least 20 seconds
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Try to avoid close contact with people who are unwell
- Each day please check guidance on social distancing for people with a long term health condition (which includes MS) from Public Health England at: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Don't

- If you have an appointment for a review, blood test or treatment, and you have cough, high temperature or shortness of breath **please do not come to the hospital** and please phone 111 for advice.
- Do not touch your eyes, nose or mouth if your hands are not clean