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## Advice on Ocrelizumab (Ocrevus) in view of Covid 19.

We have received guidance from the Association of British Neurologists, The MS Society and Public Health England. They have reviewed the data about Coronavirus with respect to people with multiple sclerosis and we have discussed this as a team.

There is no current information to prove that Ocrelizumab changes the risk of Coronavirus infection, however as it may slightly increase your chance of infection overall, we have made these suggestions.

Since the risk of infection may be highest around the time of your infusions, for the moment we recommend that further treatments are delayed while more information is being gathered.

The team have looked at data from Sweden that indicates that Ocrelizumab is effective for more than 6 months, so we feel that this is a safe course of action for your MS.

Once it is clear to the best course of action, we will be in contact to arrange for your treatment

If you have an appointment for a further dose soon, the day care unit will be in touch to change the appointment for you.

We would recommend checking further advice from the NHS every day at:  
<https://www.nhs.uk/conditions/coronavirus-covid-19/>.

Please pay particular attention to the guidelines for people with a long term health condition as this includes MS. The currently recommends social distancing and these guidelines are expected to change over the next few days.

I hope this information if of reassurance to you.

Best wishes

David Paling on behalf of the MS team

## Advice on your MS treatment in view of coronavirus.

### Do

- Wash your hands with soap and water often – do this for at least 20 seconds
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Try to avoid close contact with people who are unwell
- Each day please check guidance on social distancing for people with a long term health condition (which includes MS) from Public Health England at: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

### Don't

- If you have an appointment for a review, blood test or treatment, and you have cough, high temperature or shortness of breath **please do not come to the hospital** and please phone 111 for advice.
- Do not touch your eyes, nose or mouth if your hands are not clean