

goodhealth

The members' newsletter of Sheffield Teaching Hospitals NHS Foundation Trust

Autumn 2009 Issue 21

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Good quality hospital services ensure bride gets to the church on time

Vicky Peverelle knows all too well why Sheffield Teaching Hospitals has been rated as having good quality services in the official NHS Annual Health Check ratings.

The Trust which runs the Royal Hallamshire, Northern General, Charles Clifford Dental Hospital and Weston Park Cancer Hospital has been given a rating of 'excellent' for financial management and 'good' for the quality of its services.

Vicky, who is just one of over a million patients, cared for each year by Sheffield Teaching Hospitals, suffered a stroke on 30th August this year – just 5 days before her wedding day. The mum of one from Middlewood was rushed to the Northern General Hospital after suffering the stroke at 5am that morning. Vicky was then cared for at the Royal Hallamshire's Neurology ward, where she received clot busting drugs, which is nationally recognised as 'gold standard' of care for appropriate patients.

Vicky, aged 45, said: "Thanks to the hospital's fantastic



Stroke victim Vicky Peverelle with husband David on the wedding day they feared they would miss

care and quick treatment, I was able to have my dream wedding on the date planned. Now well on the road to a full recovery, Vicky is resuming her normal busy lifestyle. Vicky and her husband, David Peverelle,

are also looking forward to the honeymoon in Egypt that they had to postpone as Vicky was advised not to fly so soon after her stroke. The Annual Health Check provides a detailed picture of

the state of public healthcare in England. Each Trust receives two ratings on a four-point scale of 'excellent', 'good', 'fair' or 'weak'. One rating covers the quality of their services, measured against the

government's core standards and national targets; the other relates to the use of their resources, measured against how well they manage their finances.

Andrew Cash, Chief Executive of Sheffield Teaching Hospitals NHS Foundation Trust explains:

"We have some of the best staff in the NHS working here in Sheffield Teaching Hospitals and Vicky's experience is just one example of the amazing care our 14,000 staff provide every day. The last 12 months have been particularly challenging with a 5% increase in the number of patients we have treated, along with a further drive on quality and the need to become ever more efficient.

Therefore to achieve a 'good' and 'excellent' rating in such challenging times is credit to the hard work of all our staff.

This rating along with the high patient satisfaction results we achieve is particularly pleasing because the Health Check rates hospitals against standards which really matter to patients, like safety, quality of care, reduced waiting times, cleanliness of the hospitals and how responsive we are to our patients.

Everyone Counts



Margaret Spooner - chaplaincy volunteer, Shirley Lindley - Patient Governor and Ann Eckford - Trust Public Governor at the Equality and Diversity discussion at the Northern General Hospital.

Sheffield Teaching Hospital's Governors, patients and members of the public came together to discuss how the Trust can achieve world class standards in Equality and Diversity. The group identified the Hospitals strengths in this area and suggested ways to make improvements. They looked at ways to engage effectively with different communities and how to recognise and celebrate differences to ensure everyone feels valued and receives the best possible treatment. Patient Governor, Shirley Lindley said: "It's really useful to have these sessions so a diverse range of local voices can be heard to help improve the Hospital's services for everyone."

Cancer survivor helps reach out to ethnic minority communities

We are encouraging ethnic minority communities in the city to come forward for screening with the help of bowel cancer survivor, Chris Searle. Chris, aged 65 from Totley, was the first person in the region to have life saving bowel cancer treatment at the Northern General Hospital after his cancer was diagnosed in the early stages by the hospital's screening team.

The ex-headteacher of Earl Marshall School in Firvale, is helping to spread the word at events for different communities who can often miss out on important screening due to language barriers.

Mr Searle said:

"The screening, surgery and after care at the Northern General literally saved my life – I had no symptoms at all and

I'm so grateful to have caught the cancer in time that I don't want others in my age group to miss out."

"I have a lot of friends in the Yemini, Somali and Pakistani communities in the city and I hope holding these events will help people who speak a different language to get the opportunity to get screened and treated which saves lives."

Dr Stuart Riley, consultant gastroenterologist at the Northern General Hospital also spoke at the event, he said: "Chris's experience gives a lesson to us all, not to be complacent when it comes to screening. He has responded very well to treatment and has now made a full recovery.

"Screening not only identifies cancer, it also picks up on harmless growths

in the bowel called polyps- these have the potential to turn cancerous over time but can be easily removed, thus the patients risk of developing cancer is significantly reduced."

The NHS Bowel Cancer Screening leaflet is available in 20 different languages. To download a copy visit: www.cancerscreening.nhs.uk/bowel/publications/the-facts



Cancer survivor Chris Searle sitting (far right) with a group of Yemeni men, listening to Dr Stuart Riley, consultant gastroenterologist at the Northern General Hospital in Sheffield (back standing) and translator Ahmed Said (front standing).

Sheffield Teaching Hospitals **NHS**
NHS Foundation Trust

EVERYONE COUNTS
Celebrating Diversity at Sheffield Teaching Hospitals

Nick Clegg, Leader of the Liberal Democrats and Local MP, speaking with heart attack patient, Margaret Pitch, at Northern General



Local MP impressed with heart attack service

Liberal Democrat leader, Nick Clegg, visited the Northern General to see how the new Primary Angioplasty service is helping hundreds of patients who have suffered a heart attack.

Mr Clegg spoke to patients and staff about the Primary Angioplasty Service which provides a faster and more effective way for patients to receive the treatment they need when they have suffered a certain type of heart attack called STEMI.

It involves using a thin tube (catheter) to unblock coronary arteries and then a small metal stent is put in place to keep the artery open.

Previously a patient would have been given thrombolytic drugs to disperse the clogged artery. The service operates 365 days a year, 24 hours a day.

The team involved in the service includes nurses, radiographers, cardiac technicians and doctors who specialise in angioplasty all of whom are on call 24 hours a day.

Primary angioplasty is used in increasing numbers of heart attack cases in the UK and as a result, patients are able to leave hospital sooner.

Currently they stay for less than four days compared to five or six days with traditional drug-based treatments.



Donation for the Cardiac unit

The Sheffield Open Heart Club (SHOC) has purchased and presented four Anatomie chairs to the nursing staff in the Cardiac unit.

The four chairs, costing approximately £4,000 in total, will be of real benefit to patients.

The Sheffield Open Heart Club is a self support group and registered charity set up in the mid-80's to provide psychological help and support to patient's before and after cardiac surgery.

Mrs Sue Inglis, Lead Nurse and Chairman of SHOC, said: "The chairs are designed to offer a full range of positions from upright to fully reclining to aid patient comfort.

Heart Attack Facts

- Sheffield Teaching Hospitals is one of the fastest hospitals to operate on patients who have suffered a heart attack.
- Every year around 220 people in Sheffield have a heart attack, with many more experiencing unstable angina or pains in their chest.
- Each year 7,000 people in the city attend hospital with pains in their chest which are not heart attack related.
- 88 per cent of patients received primary angioplasty within 150 minutes of calling for help - meaning the Trust's new service is ranked amongst the best in the country.
- Patients who suffer a heart attack in Sheffield are taken directly to the Catheter Laboratory at the Northern General Hospital for Primary Angioplasty treatment.
- **Primary angioplasty involves using a thin tube (catheter) to unblock coronary arteries and then a small metal stent is put in place to keep the artery open.**



Source: Official statistics from the Myocardial Ischaemia National Audit Project



organdonation.nhs.uk

Organ donation - changing lives



Christian Brailsford, Donor Co-ordinator

Hospital's plans to boost tissue donation

Sheffield Teaching Hospitals are aiming to help hundreds of people in desperate need of new corneas, heart valves or other tissue by launching a pilot scheme to encourage patients or their relatives to consider tissue donation after their death.

The Trust's Transplant Co-ordinators hope the introduction of the new scheme which was launched in October, will boost donations significantly. Specialist nurses will proactively inform a deceased patient's relatives about the opportunity to donate corneas, heart valves or a number of other soft tissue. They will then provide the relatives with information leaflets and call the family within 24 hours to discuss the possibility of tissue donation.

In 2007-2008, out of a possible 3,000 people only 18 became tissue donors according to the NHS Blood and Transplant tissue services, up to 90 per cent of those patients could at least have donated their corneas.

Christian Brailsford, Donor Co-ordinator for Sheffield Teaching Hospitals, explained: "Previously, there has been no requirement for staff to approach the grieving family about tissue donation and therefore lots of opportunities to improve lives through donation have been missed."

In the new system, nurses will give the deceased's relatives a leaflet explaining the options of tissue donation to look at once they have gone home, a specially trained nurse will then call the family within 24 hours to discuss the possibility of tissue donation. The approach will initially be piloted in A&E and the Medical Assessment Unit at the Northern General.

Christian added: "Government guidelines hope to 'make donation normal' and this is what we would like to see locally by making the subject of donation part of all end of life discussions."

"Previously, when members of staff were approached by family members about the potential to donate organs or tissue, they often didn't have the expertise to explain all the details. If the pilot is successful we hope to roll the new system out across the Trust."

"Corneal transplant gave me the gift of sight"



Transplant patient Will Palmer

A dad of three from South Yorkshire has been given a new lease of life after a successful corneal transplant at the Hallamshire Hospital.

Will Palmer aged 46, suffered from the corneal disease - Fuchs Dystrophy for 6 years, in which cells lining the inner surface of the cornea slowly start to die.

Before his transplant at the Royal Hallamshire Hospital in March, the financial advisor from Doncaster suffered with severe blurred vision and sensitivity to light which impacted on his favourite hobbies – golf, cricket and tennis and also driving.

"Since the operation I have a new level of confidence," said Will. "I feel as though my life is a lot brighter and I can now see the world in full colour."

"I would like to thank my surgeon, Mr Raynor, my donor and their family who have made such a difference to my life. My partner, Sarah, has joked that my cornea must have belonged to a lady as I now do lots more cleaning and hovering as I now notice dirt!"

Like organs and other tissue, corneas are donated after death and the consent of the donor's next of kin is required.

Mathew Raynor, Consultant Ophthalmologist at the Royal Hallamshire Hospital said: "Organ donation really is the ultimate gift, many recipients wait a long time for their transplant and this waiting time could be reduced if donations were to increase."

You can sign up to the organ donor register by visiting www.uktransplant.org.uk or by calling 0845 60 60 400. Lines are open 24 hours, 365 days a year. Calls are charged at a local rate.

Musical Director helps dispel organ donation myths

Barnsley musical director, Mike Ryal spent 14 years on dialysis until he underwent a successful kidney transplant operation at the Northern General Hospital in July last year.

Mike has now joined forces with Sheffield Teaching Hospitals to dispel the myths surrounding organ donation by backing a series of events including a recent 'Gift of Life' health lecture.

Dr McKane, Clinical Director for

Renal Services, said: "By raising awareness and engaging people in a conversation about organ donation, we can bring about a significant and lasting improvement in the number of transplants for patients here and across the UK. As one of the largest Teaching Hospital Trusts in the UK we have an opportunity and responsibility to make a real difference to the lives of thousands of people."



Mike Ryal given new lease of life after kidney transplant

Transplants save lives

This year we have carried out: 35 transplants. 14 of these transplants came from living donors coming forward to help a loved one. At any one time we have around 250 people on the UK Transplant Deceased Donor List in our region.

In the UK between 1 April 2008 and 31 March 2009:

- 3,513 organ transplants were carried out, thanks to the generosity of 1,854 donors.
- 977 lives were saved in the UK through a heart, lung, liver or combined heart/lungs, liver/kidney,

liver/pancreas, heart/kidney or liver/kidney/pancreas transplant.

- A total of 2,536 patients received a kidney, pancreas or combined kidney/pancreas transplant.
- A further 2,711 people had their sight restored through a cornea transplant.
- Almost a million more people pledged to help others after their death by registering their wishes on the NHS Organ Donor Register, bringing the total at 31 March 2009 to 16,124,871.

Hospitals aim to increase number of transplants

Sheffield Teaching Hospitals have become the first Hospital Trust in Yorkshire to set up an organ donation committee to boost the number of organs available for transplant.

It is hoped the move will help to save and improve many lives. The committee will ensure organ and tissue donation within the Trust is maximised - so no opportunities to save the life of another patient waiting for a new organ are missed.

Andrew Davidson, Consultant Anaesthetist and Clinical Donation Champion at the Royal Hallamshire Hospital, said:

"This has contributed to a record increase in the number of patients receiving a kidney transplant in Sheffield in the past year."

"The Trust has started to retrieve and transplant organs from non-heart-beating donors and several patients who died within Sheffield Teaching Hospitals in the past year have donated organs and tissues in this way.

"This has contributed to a record increase in the number of patients receiving a kidney transplant in Sheffield in the past year.

I have been appointed to the post of Clinical Donation Champion in the Trust in order to ensure that organ donation is considered in all appropriate situations.

"Our committee will identify and resolve any obstacles to donation and ensure that a discussion about donation features in all end of life care, wherever located and wherever appropriate, recognising and respecting the wishes of individuals, through better support to potential donors and their families."

and Dr Alison's Dr Rob's Bug Column

Measles

For this edition, I thought we'd talk about a viral infection – no not swine flu, but measles for a change.

So what is measles then?

Isn't it one of those infections that children used to get in the olden days? Aren't kids just 'off-colour with a rash'?

We need to dispel some of these myths. Measles is a highly infectious virus and it's certainly true that it was much more common in the days before an effective vaccine was available (MMR was introduced in 1988) and with a high vaccine uptake rate, the number of cases in the UK fell dramatically.

So why are we talking about it?

Because measles is back, and its return has been entirely predictable. A vast drop in vaccine uptake was caused by parental distrust, following disproven associations between the vaccine and autism, widely publicised by the National Press.

What kind of numbers are we talking about?

The health protection agency (HPA) received reports of 1400 measles cases last year and as you'd expect, most were in children under 11 years. It should be noted that these 1400 cases were laboratory confirmed, so represent the tip of an iceberg.

Perhaps the most frightening thing is that because we haven't seen much measles for so many years, today's junior doctors are unlikely to recognise a case. This could delay the initiation of proper infection control precautions with a significant risk of further spread. Measles is more infectious than mumps or rubella with each case producing on average 13 secondary cases.

Why is it more serious than just a rash?

We've forgotten that children can die of measles and its complications.

Common complications include ear infections, bronchitis, pneumonia and diarrhoea. Whilst there is no specific treatment for measles, some of these complications will require antibiotic therapy. Inflammation of the brain is a rare but recognised serious complication affecting one in a thousand cases but 25% of these are left brain damaged. That we may also see a rise in rubella cases and its devastating effects on pregnant women and their unborn children doesn't bear thinking about.

What can we do?

By taking appropriate medical advice and making informed choices we can safeguard our children's health which in turn, will protect others. If your children have recently gone back to school and have missed their MMR or their pre-school booster, it's never too late to make sure they are protected, so book that GP appointment!

Let's Talk



Staff at Sheffield Teaching Hospitals are helping to ensure the hospitals continue to deliver excellent services and working conditions by taking part in 'Let's Talk sessions'. The sessions give staff the opportunity to share their views and experiences with hospital bosses to inform how and where further improvements can be made.



Sir Andrew Cash listening to staff views

Let's Talk... to your Governor

Governors are the voice of our members and local community. Whilst they do not deal with complaints, they would like to hear about ways you think the hospital could change for the better and what you would like to see in the future. You can get in touch with the governor in your local area by emailing governors@sth.nhs.uk.



Staff discussed issues which mattered to them most



Volunt-heroes



Rebecca receiving a 'Highly Commended' award at the Trust's annual Thank You Awards

Volunteers play an important part in the day to day work of the Trust – the work they do makes a huge difference to the care and support of our patients.

Rebecca Reeves, aged 17 from Richmond, is a volunteer at the Spinal Injuries Unit at the Northern General Hospital where she works with patients that have experienced head trauma. Rebecca, who is in her second year of sixth form,

decided to become a volunteer after her grandma suffered a stroke. She said: "When my grandma was in hospital, I would come and keep her company and I realised what a difference having someone to talk to can make. I thought it would be nice to be able to help other patients in that way and I have been volunteering once a week for the past nine months."

Rebecca recently became one of the youngest members of the Trust to be nominated for a Thank You Award for her commitment, maturity and professionalism in her approach to voluntary work. As well as chatting with patients to stimulate their mind, memory and keeping them company, Rebecca also assists with using the telephone, reading and writing letters, creating activities and helping out at meal times.

Rebecca said:

"I find volunteering really rewarding as I get to see the patients making progress and I've got to know some of them really well."

I love to meet new people and caring for patients is great experience as I hope to be a music therapist after university."

All volunteers are welcomed to become members of the Trust on induction, an offer Rebecca accepted.

She said:

"Being a Trust member is very useful; I get to know about the ins and outs of the hospital's projects and feel well informed about what's going on in the NHS – I can then feed this information back to my family."



A year of success

Governors, patients and members of the public were given the opportunity to ask questions and find out more about the Trust at the Annual General Meeting on October 5th.

Chief Executive, Sir Andrew Cash said: "The Trust has performed extremely well over the last year thanks to the hard work of our staff. This event gives us an opportunity to show the people of Sheffield what goes on in their local hospitals and gives them the chance to ask us questions and give their feedback on our services. As we also understand the need to be open and honest with our patients and the public, I explained some of the areas that have been a real challenge to us in 2008 and will continue to challenge us over coming years."

Rebecca Reeves, Volunteer at the Spinal Injuries Unit



'Camera pill' Centre celebrates success

Sheffield Teaching Hospitals Specialist Endoscopy Centre screens more patients' digestive systems using 'camera pills' than any where else in Europe.

Capsule endoscopies or 'camera pills' allow clinicians to fully investigate the guts of patients with known or suspected gastrointestinal disorders without the use of invasive tubes.

Kathryn Lever, aged 27 from Gleadless, was diagnosed with Crohn's disease in 2007 at the Royal Hallamshire Hospital's Clinical Investigations Unit and has since required frequent endoscopies to examine her colon.

"The next time, I was so relieved when - instead of the tube procedure - I just had to swallow two capsules the size of large vitamin pills which contained cameras to investigate my small bowel and colon."

She said "Before being introduced to the camera pill, I had a tube colonoscopy which was an uncomfortable procedure lasting around 30 minutes and I was quite worried when I was told that I would need more endoscopies.

"The next time, I was so relieved when - instead of the tube procedure - I just had to swallow two capsules the size of large vitamin pills which contained cameras to investigate my small bowel and colon. It wasn't painful or embarrassing at all and the pills were easier to swallow than I thought."

The centre regularly performs this type of combined capsule endoscopy in which patients swallow a small bowel capsule and then a colon capsule a few hours later. Timers are set on the cameras to ensure they take pictures of the correct part of the digestive system



The camera pill is no bigger than a large vitamin tablet

and, when used together, provide images of the whole gut. Sheffield Teaching Hospital's is recognised as a centre for excellence and sees patients from across England. The first total gut capsule endoscopy was performed at the

approach has allowed our unit to be incredibly successful and provide a service which we are proud of both for Sheffield Teaching Hospitals and the people of Sheffield.

"None of this would be possible without the support of the staff on the

"Our team approach has allowed our unit to be incredibly successful and provide a service which we are proud of both for Sheffield Teaching Hospitals and the people of Sheffield."

centre in July, in which three capsules were used within one appointment to look at the patient's oesophagus, stomach, small bowel and colon.

Mark McAlindon Consultant in Gastroenterology and the UK specialist in this field explains "Our team

Clinical Investigation Unit at the Royal Hallamshire Hospital. In particular, Nurse Practitioner, Sister Kaye Drew, who helps run the service and interpret capsule findings. She has the largest experience of this technique in the UK."

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Left - Mr McAlindon viewing footage captured by camera pill, Right - Clinical Investigations Team

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GOVERNOR'S NEWS... GOVERNOR'S NEWS...

Getting to Know Your Governors

Dr. Andrew Manasse -
Public Governor, South West Sheffield



What is a Trust governor?

A governor is an ordinary person - a member of the public, hospital patient or member of staff, who is elected by Trust members to represent them in relation to the activities of the Trust. Governors make sure the Trust carries out what it says it will, they attend and participate in meetings and committees and they also hear from and feed back to members about Trust activity.

What part of being a Trust Governor do you enjoy most?

Learning about, being involved with hospital's and having the opportunity to influence some of the Trust's activities and also meeting other governors.

What does your role involve?

I have only recently become a governor and I am still feeling my way. I have the opportunity to visit hospital departments, to attend presentations by key staff and to be part of committees and groups set up to work on and improve various Trust activities, such as Patient and Public Involvement.

What was the last thing that made you laugh out loud?

My grandson understanding how to deal with monsters.

Who do you most admire and why?

I don't think I have a most admired, but one of the people I greatly admire is Nelson Mandela because of his integrity, his ability to forgive and his ability to continue to see the wider picture.

What do you feel is your best strength?

Clarity when thinking about things, honesty (most of the time) and an ability to listen.

If you could be anywhere in the world right now, where would you be?

Away somewhere in our campervan.

What actor would play you in a film of your life?

I have no idea. Maybe Ben Kingsley?

What activities are you currently involved in?

- Patient and Public Involvement
- Equality and Human Rights
- Sub group discussing the Role of the Governor
- Governors' Communication Group
- Attending meetings and presentations as they come up
- Attending the Foundation Trust Governors' National Development Day
- Attending Regional Governors' Day in Bradford

Foundation Trust Status

In 2004, Sheffield Teaching Hospitals became an NHS Foundation Trust

What does this mean?

Our Hospitals are no longer directly controlled by the Government – but are still part of the NHS and subject to NHS quality standards, performance ratings and inspections. The hospitals are now controlled by a Board of Directors who are accountable to local governors. The Board is made up of a chairman, non-executive directors and executive directors. Governors are either elected by members of the Trust (local residents, patients and staff) or appointed by partner organisations. The main benefits of being a Foundation Trust are:

- the local community is involved in shaping the future direction of the Trust,
- the Trust has more control over its resources and can decide how to improve services and hospital facilities, striking the right balance between national and local priorities.

Membership

Sheffield Teaching Hospitals currently has 22,000 members. The majority of readers of 'Good Health' are members of the Trust – but why should you be encouraging others to join?

- members have a say in the running of the Trust, through their elected governors:
- members can be invited to make suggestions or comments on future plans;
- members learn more about the hospitals, the way they are run, the range of staff who provide services and the challenges they face. Through 'Good Health' members receive regular updates on hospital services and developments;

- members vote in elections for governors and are invited to stand themselves;
- members receive invitations to special events, the Trust's AGM (where they can ask questions of the Board) and the Governors' Council;
- just by becoming a member people show that they value their hospital services and support the staff who deliver them,
- membership is free!

What is the role of a Governor?

Governors:

- represent the interest and views of members;
- provide members with information about the Trust, its plans and its performance;
- attend meetings of the Governors' Council and other Trust meetings;

They have responsibility under law to:

- hold the Board of Directors to account for the performance of the Trust, which includes receiving audit reports, appointing (and if necessary removing) non-executive directors and the Chairman, and scrutinising how the Trust performs,
- represent members' interests when working with the Board on the strategic direction of the Trust.

What Governors don't do

- deal with any personal complaints or issues patients or members have about the hospitals, or their care and treatment.

Dates for your Diary

	Date	Time	Venue
Health Talk 'Cervical Screening'	28 January	6.00 pm	Lecture Theatre 2 Medical School, RHH
Governors' Council	2 March	5.00 pm	Chatsworth Suite, Rivermead Training Centre, NGH
Governors' Council	8 June	5.00 pm	Venue to be confirmed
Governors' Council	21 September	5.00 pm	Venue to be confirmed
Governors' Council	7 December	5.00 pm	Venue to be confirmed

GOVERNOR'S NEWS... GOVERNOR'S NEWS...

Trust Governors introduce new award



Leadership Awards - Presenter Paul Ross with Wendy Inman, Joanne Ferraby, Anne Mowforth and Trust Governor, Ann Eckford

Sheffield Teaching Hospital's annual Thank You Awards recognise members of staff for their dedication to patient care. This year, the nominee's included a ward team that significantly reduced cases of C.difficile, a domestic services assistant who, after forty years of service, is still applying her exceptional cleaning standards and a nursing team that have been central to the development of the biggest endoscopy service in Europe. This year, Trust Governors judged and presented the new Leadership

Award which recognised staff who inspire, motivate and encourage colleagues to bring about change, improvement or innovation.

The winner of the Leadership Award was Service Manager for Acute Medicine, Joanne Ferraby, who was commended for her excellent communication skills, her ability to listen to the team, respecting personal views and developing each members strength while treating everyone as a valued individual.

Clinical Nurse Specialist in Assisted Conception Anne Mowforth and Deputy Directorate Manager in

Radiology, Wendy Inman, both received Highly Commended awards in the leadership category. Chief Executive, Andrew Cash said:

"I am very proud of all our staff and their tremendous achievements, which are the basis for this organisation's success and for the excellent quality of care provided to patients. The individuals short-listed for the Thank you awards are no exception and have worked above and beyond the call of duty to ensure that the needs of our patients are at the core of everything we do."

Your Invitation

All Trust members are welcome to attend
Sheffield Teaching Hospital's next
Health Talk on:

Cervical Screening

The lecture will take place on the 28th
January at 6.00 pm
at the University of Sheffield Medical School,
Royal Hallamshire Hospital, Lecture Theatre 2

New mum thanks Jessop Wing for baby boy

After the heartbreak of losing her first baby, a South Yorkshire mum is smiling again thanks to the excellent care she received from the Jessop Wing Team at Sheffield Teaching Hospitals.

Lisa Jenkinson, 29, and fiancé Joe Trozzo, 39, from Bramley in Rotherham are looking forward to celebrating their baby boy Oscar's first birthday after the pain of losing a baby through premature birth. After previous gynaecological problems, Consultant Mr Saurabh Gandhi, a Specialist in Maternal and Fetal Medicine at the Jessop Wing, had performed regular trans-vaginal scanning to monitor Lisa's cervix in her previous pregnancy.

"When the couple asked if it was safe to go on holiday to Spain, 28 weeks into Lisa's previous pregnancy, I advised them to come in for a further scan the day before the flight," said Mr Gandhi. "As soon as I did the scan, I was convinced that there was a very high possibility of delivery in the near future and I advised her not to go on the trip."

"I would like to thank Mr Gandhi for all the support and advice he gave to Joe & myself, and also everyone at the Jessop Wing who was so caring."

Listening to Mr Gandhi's advice, Lisa decided to cancel the holiday and gave birth to baby boy, Lucca, five days later on the 4th August 2007. Sadly, despite excellent care from neonatal specialists, Lucca died aged only 28 days.

When heartbroken Lisa became pregnant for the second time in 2008, Mr Gandhi decided to perform a cervical stitch in an attempt to prevent another premature delivery.

This time, Lisa's pregnancy progressed well and she gave birth at 38 weeks to a healthy baby boy, Oscar.

Lisa said: "I would like to thank Mr Gandhi for all the support and advice he gave to Joe and myself, and also everyone at the Jessop Wing who was so caring. I'd like to let other women know, although nothing can ever make up for losing a baby, there can be light at the end of the tunnel if you stay positive."

Mr Gandhi added: "Findings from trans-vaginal cervical scanning during Lisa's previous pregnancy helped me to make the diagnosis of cervix incompetence which led me to successfully manage her next pregnancy by inserting a cervical stitch. I wish Lisa, Joe and baby Oscar all the best for the future."



Lisa Jenkinson with Joe Trozzo with baby Oscar

Meet the team... Cleft Palate Specialists

A cleft lip and palate not only affects a child's facial appearance but the condition can also have a huge impact on the ability to feed, speak and hear as well as causing dental and psychological problems.

The Cleft Lip and Palate specialist team at the Northern General Hospital, led by Eric Freedlander, Consultant Plastic Surgeon have transformed the lives of hundreds of children across the North Trent region.


Eric explains: "A cleft lip is often easy to correct with surgery. The procedure leaves only a small amount of scarring. It can be more difficult to treat a cleft palate because it can cause a range of problems. This is where the team works together to give the best possible treatment and care to individuals which continues until they are young adults."



From left : Jan Snell - Dental Nurse, Melanie Stern - Orthodontist, Mr Freedlander - Consultant Plastic Surgeon, Lynne Mariati - Speech therapist, Annie Morgan - Paediatric Dentist, Cristy Hill - Student Speech therapist, Jenny King - Community Support

Invite a friend or relative to support their local hospital

We want to increase our membership so more people hear about the hospitals and what’s going on in their NHS. We’re now asking each existing member to help us and try and sign up one other person if they can. If they join soon they can vote in the next round of Governor elections so it’s a great time to get involved in Sheffield Teaching Hospitals. Please pass this form on to a friend or relative and encourage them to join us! They’re your hospitals, we want you and the wider community to be involved!

Sheffield Teaching Hospitals 
NHS Foundation Trust

NHS Foundation Trust - membership registration

Members will play a key role in the NHS in the future and you will be able to get more involved in your hospital. You will be able to vote for, or even stand for election as a Governor on the Governors Council that will help set priorities and aims for the hospitals. Eligibility criteria are shown below.

Please register me as a member of the Sheffield Teaching Hospitals NHS Foundation Trust.

My details are: Title: ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Prof ☐ Other

Family name First name

Address:

Postcode Tel. No

Email address:

Date of Birth: ☐ Male ☐ Female

I would describe my ethnic origin as:

A White

☐ British

☐ Irish

☐ Any other white background

B Mixed

☐ White and black Caribbean

☐ White and black African

☐ White and Asian

☐ Any other mixed background

C Asian or Asian British

☐ Indian

☐ Pakistani

☐ Bangladeshi

☐ Any other Asian background

D Black or Black British

☐ Caribbean

☐ African

☐ Any other black background

E Other ethnic groups

☐ Chinese

☐ any other ethnic group

F Not Stated

☐ Not stated

This section is optional but allows us to ensure that our potential membership reflects the diversity of our community.

I would also like to register my potential interest in standing for election as a Governor

Yes ☐ No ☐

I declare that I am eligible and would like to become a member

Public member ☐ Patient member ☐ Signed

This data will only be used to contact members about NHS Foundation Trusts or other related issues and will be stored and processed in accordance with the Data Protection Act.

Eligibility

To be eligible to become a public member, individuals must live in Sheffield.

To be eligible to become a patient member you must have been a patient in the last 5 years.

To be eligible to become a Governor, individuals must

- register as a member
- be 18 years or over
- other restrictions may apply which will be outlined at the start of the election process

Under the new constitution of the NHS Foundation Trust our members will:

- Be able to participate in the election of representatives to the Governors council of the NHS Foundation Trust
- Have the opportunity to stand for election to the Governors Council themselves
- Be able to provide regular feedback and opinion about services and possible developments
- Receive information about the Trust on

a regular basis

- Be able to attend special functions which may include open days, tours and healthcare seminars
- Have access to a Members Only section of the Trust's website for discussion and further involvement.

Members will not receive any preferential access to actual health services, as this would be contrary to the principles of the NHS.

Please post this form to:
**NHS Foundation Trust
Project Office,
Sheffield Teaching
Hospitals NHS Foundation
Trust,
FREEPOST NAT9274,
Sheffield S5 7ZZ**



CONNECT TO WORK

- 1 Fed up with staying at home?
- 2 On a sickness/disability related benefit?
- 3 Want to get back to work?

**‘YES’ to all three questions.
Then we can help!**

We provide the following:

- Personal ‘Action Plan’ and job search
- CV/Interview preparation and help with job application
- ‘Return to Work Better Off’ benefit calculation
- Confidence building
- Help with finding the job that suits you best

And much more...

We also offer a discretionary £200 back to work fund

Interested?

Then contact  on

0800 988 2265 / 01709 361612