



3

Your hospitals are rated the best in the North



4

United against infections



5

New cancer research centre launched in Sheffield



6

Sheffield attracts £2m grant to help diabetes sufferers



The free members' newsletter of Sheffield Teaching Hospitals NHS Foundation Trust

WINTER 2011 ISSUE 24

INSIDE

# Good HEALTH

## Inspirational Katie Piper opens new Burns unit

Former model and television presenter Katie Piper, who now works to make living with burns and scars easier for burns survivors after suffering a brutal acid attack, recently opened the new Burns Unit at the Northern General Hospital.

In March 2008, Katie had sulphuric acid thrown in her face near her home in North London. As a result of the attack, she suffered severe burns and spent seven weeks in hospital undergoing pioneering surgery to rebuild

her face which involved multiple skin grafts. For two years following the attack she wore a special plastic pressure mask for 23 hours a day, and has now had over 100 operations.

Katie was therefore able to offer advice and share experiences with patients on her visit to the state-of-the-art Unit. The facility provides a comprehensive service for inpatients and outpatients in Sheffield and North Trent. With 6 beds and full inpatient, outpatient and emergency services, it is one of the UK's leading centres of care for burns patients. In the last year, the busy unit has seen 150 inpatients, 464 outpatient's and 1269 follow-up appointments.

Katie said: "It was a really fantastic day and it's been wonderful to meet all of the team here. I know how much of a team effort it is to treat burns patients and the teamwork going on here is really evident. It was an honour to be invited to open the unit here. As a patient, burns care is something very close to my heart. I wish the staff here every success in the future."

In 2009 Katie decided to



Katie Piper opens Burns Unit, pictured with Hospital Trust's Chairman David Stone and nursing staff

share her story of living with burns in a Channel 4 documentary called Katie: My Beautiful Face. She established The Katie Piper Foundation, with Simon Cowell as its Patron, to help support burns survivors and raise awareness of their experiences, and to provide funding for improved care and facilities for burns patients.

David Stone, Chairman of the Trust, said: "The Burns Unit is a state-of-the-art facility that supports the leading specialists

we have here in Sheffield. We are proud of the work it is doing in providing care for patients from Sheffield and across North Trent.

"It was wonderful to have Katie Piper here to open this unit and to hear about all the work she is doing to support other burns patients and their families."

For more information on Katie and the Foundation, please visit [www.katiepiperfoundation.org.uk](http://www.katiepiperfoundation.org.uk)



Katie Piper with local burns survivors at the new Burns Unit opening

## Merry Christmas

and welcome to the Winter edition of GoodHealth – keeping our members up to date with news, events and services at our hospitals and in the community.

In this edition we welcome our new Chairman Tony Pedder to the Trust and say farewell to our current Chairman Mr David Stone OBE. Mr Stone's dedication to the Trust was recognised with a special thank you award at the recent awards ceremony for Trust staff.

I am also pleased to announce in this edition that we have been chosen as Trust of the Year (North) in the Dr Foster Good Hospital's Guide. You can find more about this achievement on page 3.

We also have a range of articles about changes to the Trust including improvements to help prevent operations being cancelled and a new Infection Control Campaign.

As always, if you would like to contact one of your Governors about an article in GoodHealth or any other issue relating to the Trust, please email [governor@sth.nhs.uk](mailto:governor@sth.nhs.uk)

Enjoy your read and I wish you a very merry Christmas and a happy New Year!

**Jane Pellegrina**  
Foundation Trust  
Membership Manager

## New Hospital Chairman appointed



Tony Pedder has been appointed as the new Chairman of the Trust. He will succeed David Stone,

CBE when he retires at the end of December 2011 after more than 10 years as Chairman. Tony has many years experience in healthcare, holding senior leadership roles within the NHS in South Yorkshire.

Mr Pedder's appointment was confirmed by the Council of Governors at their meeting on 17 November 2011. His four year term begins on 1 January 2012.

Tony is currently the Chairman of South Yorkshire and Bassetlaw Cluster of NHS Primary Care Trusts and previous to that was Chair of Sheffield Primary Care Trust since its formation in 2006.

As well as his NHS experience, Tony brings extensive management and operational experience in a variety of business organisations and markets. He was previously Chief Executive of Corus plc.

Tony lives in Sheffield and is married with two sons.

Tony said: "I am delighted to have been appointed to the role of Chairman of Sheffield Teaching Hospitals NHS Foundation Trust, and I look forward to working with all my future colleagues in the Trust, the wider NHS and local universities to ensure that Sheffield Teaching Hospitals

continues to provide the highest quality of care for patients, and plays a leading role in delivery of excellent education, training and research in the field of healthcare."

John Holden, Patient Governor and Vice Chair of the Governors' Council Nominations Committee, added: "The Governors were extremely pleased to have appointed someone of Tony's calibre to lead the Trust through the next four years, particularly as we know we have a significant period of change ahead."

## Patients benefit from some of the lowest mortality rates in the UK

Sheffield Teaching Hospitals has been rated as having the 11th lowest mortality rates in the UK according to new statistics published. The figures published by the health watchdog Dr Foster uses the Summary Hospital-level Mortality Indicator to calculate all deaths in hospital, plus those deaths occurring within 30 days after discharge from hospital. It measures the expected number of deaths using a model developed for each diagnosis grouping that accounts for age, gender, admission method and any existing conditions the patient may have. The national average score for a hospital is 100 – Sheffield Teaching Hospitals has a mortality ratio of 85 which means we have better outcomes than most hospitals. The report also shows that the Trust has a low mortality ratio for several of the high volume conditions, which include: Stroke, Heart failure, Lung cancer, Septicemia and Pneumonia.





# Your hospitals are rated the best in the North

intelligence dr foster  
2011  
trust of the year (North)



Maureen Youel knows all too well why Sheffield Teaching Hospitals has been named Trust of the Year for the third time in five years, in the country's independent national guide to NHS and private hospital services.

Maureen, 70, from Staincross in Barnsley, is full of appreciation and admiration for the health care professionals who treated her cancer because she says they

gave her 'the chance to watch her three gorgeous granddaughters grow up.'

Maureen said: "I'm still here enjoying my life and it is all down to the care and treatment I received at Weston Park cancer hospital following the diagnosis of a tumour in my Oesophagus. It could not be operated on because of how close it was to other vital organs so it was a very worrying time for me and my family."

Instead of an operation, Maureen underwent chemotherapy followed by radiotherapy over a number of weeks. Although Maureen admits she was nervous ahead of the treatment, she had complete faith in the people caring for her.

Maureen said: "My treatment was always delivered with compassion and I felt as though I could have been the only person that was ill in the hospital, because the staff saw to my every need. All of the staff at the hospitals deserve every bit of this accolade because the expertise, kindness and care I received were second to none.

The title of Trust of the year North has been awarded to Sheffield Teaching Hospitals by expert independent healthcare analysts Dr Foster on the back of the clinical performance through the year and analysis of the outcomes of care at the trust's five hospitals - the Northern General, Royal Hallamshire, Jessop Wing, Weston Park and Charles Clifford. Every acute hospital in the county is analysed as part of the process.

The data in the Good Hospital Guide shows that:

- Mortality rates post surgery are

amongst the lowest in the UK.

- The results on key indicators of quality of care for many key procedures/operations are better than many other hospitals across the country.
- Patients rate staff very highly and overall are pleased with the information they receive and feel they are treated with dignity and respect.

Sir Andrew Cash, the Chief Executive of Sheffield Teaching Hospitals NHS Foundation Trust said:

"It is particularly pleasing because the title of 'Hospital Trust of the Year' is independently assessed and only awarded to an organisation which demonstrates excellence in the things which really matter to patients including safety, quality of care, waiting times, cleanliness of the hospitals, prevention of hospital acquired infections such as MRSA and how responsive a trust is to its patients. However, healthcare is not just about hospital care, it is a joint effort and so this award is also testament to the excellent staff who work for the Trust providing community health services as well as our other health and social care partners across this region."



**Patient Maureen Youel explains why we are once again Trust of the Year**

You can access the Good Hospital Guide at [www.drfooster.co.uk/ghg/](http://www.drfooster.co.uk/ghg/) for full information on your local hospital services. The trust website [www.sth.nhs.uk](http://www.sth.nhs.uk) also has extra information on the award and the services provided by the five hospitals and community healthcare professionals.

## Taking action to prevent operations being cancelled

Every winter we see an increased number of patients admitted to hospital as an emergency which puts pressure on the number of beds and theatres available for planned non-urgent operations. This can sometimes result in elective operations particularly in orthopaedics being cancelled. This is not the service we want to provide to our patients.

For some months now the Trust has been considering options to improve the situation. As a consequence of this it has been decided to undertake some planned orthopaedic surgery at the Royal Hallamshire rather than the

Northern General Hospital.

Last year more than 400 operations were cancelled and with the support of theatres, critical care, therapy and ward staff, it is hoped that by moving some elective arthroplasty surgery to the Hallamshire they will be much less affected by the pressures of winter admissions and cancellations will be substantially reduced. The proposal would also allow an additional 40 beds to be freed up at the Northern General Hospital which can be used to help accommodate the rise in demand over Winter.

Paul Sutton, Clinical Director for Orthopaedics explains: "We want to offer the best possible care to our patients and every Winter we face a constant struggle to do this because the demand from emergency patients means we often have to cancel non-urgent operations. We now have a potential solution which hopefully can dramatically cut the numbers of operations we have to cancel each year and provide a much improved patient experience."

The proposed timescale for the move is to begin carrying out the surgery from 19 December at the Hallamshire Hospital.





## Right place, right time for Diabetes care



## Care Closer to Home

Diabetes is a common condition in Sheffield, currently affecting around 4.5% of the population. Many sufferers, particularly of Type 2 diabetes, are elderly and find travelling to hospital to manage their diabetes can be difficult.

These patients, however, are set to benefit from the roll out of a successful pilot scheme, enabling them to have access to specialist diabetes care in the community from December 2011.

In May 2009, 27 GP practices began to take part in a pilot scheme involving a team of two specialist diabetes nurses, a dietitian, a podiatrist and a Consultant Diabetologist. The team supported staff in the GP practice and assessed and treated patients who would normally have had to travel to hospital.

The specialist service proved to be a convenient and effective way of helping many patients to

manage their diabetes. The project received excellent feedback from patients who said their diabetes control had improved.

Dr Adrian Scott Consultant/ Clinical Director for Diabetes at the Trust, said: "It is important that we deliver diabetes care in the right place at the right time. Many people currently attending hospital clinics could be managed closer to home if GP and practice nurses had access to the support of a specialist team. Not all patients are suitable to be managed in primary care however, so people with more complex problems such as those with complications, will still come to hospital clinics where their needs can be met more appropriately."

The community team are also training practice nurses and GP's in the use of some of the newer treatments for diabetes and further schemes are planned in which GPs can access advice from hospital consultants electronically.

# United against infections

**hand in hand**<sup>®</sup>  
fighting infection together

## New campaign to stamp out unnecessary infections in our hospitals

We have recently gone 12 months without a single case of Trust attributable MRSA Bacteraemia found anywhere in our hospital.

This is an amazing achievement given our size and the fact that we treat over 1 million patients every year.

Despite this we cannot be complacent as one infection is one too many when it comes to protecting our patients. That is why the Trust is investing over £1million in additional measures to support staff in achieving a

further reduction in the number of cases of C.difficile, wound infections, Norovirus and MRSA.

These include:

- Reinforcing best practice in terms of antibiotic prescribing
- Additional 'deep' cleaning for wards on top of the regular cleaning programme and ongoing ward refurbishments
- Trial of some new cleaning products which may be even more effective than current products

A new awareness raising and information campaign is also run within our hospitals and across the South Yorkshire health community to encourage people to work together to prevent infections spreading. The Hand in Hand Fighting Infection Together campaign will be highly visible and ask people to think about the part they can play in helping reduce the spread of infection.

Look out for the campaign and if you would like further information contact James Coxon.

## We all have a part to play in preventing C.difficile

Since 2007 we have seen a 70% reduction in cases of Trust attributable Clostridium Difficile. However in the year the numbers began to rise again and this is something none of us want to happen. Therefore patients and relatives are asked to play their part in helping to prevent C. difficile in our hospitals.

It is important therefore that if you are planning to visit someone in hospital you should carefully consider the following:

Do you feel unwell?

Have you, or any of your family, close work colleagues or friends experienced vomiting or diarrhoea in the past 72 hours. If so, please contact the ward for advice before visiting.

Do you really need to visit? Please don't visit if you are unwell. Most hospital beds now

have a bedside telephone and access to the internet so you can phone or email your relative/ friend. However, if you feel you really can't postpone the trip, please contact the ward.

Have you washed your hands?

It's particularly important that you wash your hands thoroughly before and after visiting your friend/relative and especially after going to the toilet. You should always wash your hands when visiting, even if you are well and your hands look clean.



## Dates for your diary in 2012

Date	Time	Meeting	Venue
Tuesday 21 February	5:00 pm	Governors' Council	Chatsworth Suite, Rivermead Training Centre, Northern General Hospital
Tuesday 8 May	5:00 pm	Governors' Council	To be confirmed
Tuesday 7 August	5:00 pm	Governors' Council	To be confirmed
Tuesday 13 November	5:00 pm	Governors' Council	To be confirmed

In addition to these meeting we're really pleased to be holding a joint membership event with Sheffield Health and Social Care NHS Foundation Trust on 29th

March from 5:30 pm at the Royal Hallamshire Hospital. The topic will be dementia – something which affects so many of us and our families. Check out the website <http://www.sth.nhs.uk/members/health-lectures> in January for more information about the event and the venue. To book your place please call Jane Pellegrina on 0114 2714322.



# New cancer research centre is launched

Cancer Research UK and Yorkshire Cancer Research have come together for the first time to fund a new cancer research centre in Sheffield.

The Sheffield Cancer Research Centre becomes the latest link in a unique chain of Cancer Research UK Centres that have been launched across the UK.

These Cancer Centres draw together world class research and medical expertise to provide the best possible results for cancer patients nationwide. Cancer Research UK, the University of Sheffield, Sheffield Teaching Hospitals NHS Foundation Trust and Yorkshire Cancer Research (YCR) are all partners in this new Centre.

“

**The Centre will also help train the next generation of cancer researchers through studentships and fellowships, continuing Sheffield's strong tradition of training and development.** ”

This latest Centre will have its clinical base at Weston Park Cancer Hospital – one of only three dedicated cancer hospitals in the country, and link with laboratory facilities both within the Medical School and across the University. It will help set the pace



**Professor Rob Coleman**

for national and international progress in many different types of cancer, with particular interest in breast and lung cancers and a strong focus on the spread of cancers to the bones.

The Centre will foster strong links with the local community, increasing awareness of the world-class cancer research taking place right on their doorstep.

Scientists at the Centre will also be investigating the fundamental biology of cancer - understanding how the disease starts and how it grows and spreads. Researchers will also study how cancers interact with the cells and tissues that surround them, and how they grow a blood supply. By understanding this 'tumour micro-environment', researchers are developing exciting new

approaches for treating cancer.

Collaboration is the key to the success of the Centre, which will enable researchers who do not normally work together to exchange ideas and information more easily. The Centre will also help train the next generation of cancer researchers through studentships and fellowships, continuing Sheffield's strong tradition of training and development.

Head of the new Centre, Professor Rob Coleman, YCR Professor of Medical Oncology based at Weston Park Cancer Hospital and the University of Sheffield, said: "This is an exciting development for cancer research in the Sheffield area. The new Centre will help build on Sheffield's world class research and bring together a variety of researchers and clinicians to work together to improve the lives of cancer patients across South Yorkshire and beyond. By building closer links between scientists and doctors we want to increase the pace of research, leading to improved treatments for patients."

Cancer Research UK and Yorkshire Cancer Research already support research in Sheffield, but Cancer Research UK is set to increase its contribution to over £2m a year to help develop the Centre. Yorkshire Cancer Research will increase its investment in Sheffield to over £1.5million per year.

## Have you thought about becoming a hospital Governor?

What's involved?

How much time does it take?

Are any special skills or experience needed?

We will be holding elections for Governors again in 2012 so if you would like to find out what it's all about why not drop in for a chat with some of our current Governors? We are arranging some informal sessions in February where you can find out more about what Governors do. If you would like to come along please contact Jane Pellegrina on 0114 2714322 or [jane.pellegrina@sth.nhs.uk](mailto:jane.pellegrina@sth.nhs.uk) to book a place.



## Did you know?

The Jessop Wing team have recently achieved the Baby Friendly Initiative Phase 2. The Baby Friendly Initiative works with the NHS to ensure a high standard of care for pregnant women and breastfeeding mothers and babies.

Helen Baston Consultant Midwife at the Jessop Wing said: "I am delighted that Maternity Services have been recognised for their dedication to

providing an excellent quality of care to mothers and babies. The assessors were very impressed by our staff who were interviewed and constantly work day after day to help us achieve an excellent service."





# Sheffield attracts £2m grant to help diabetes sufferers



**Professor Simon Heller**

A clinical trial being led in Sheffield has attracted £2m in funding to assess a new approach to care for diabetes patients.

The trial, called REPOSE, is to

analyse how effective insulin pumps, in combination with an education course called DAFNE, can be in treating patients with type-1 diabetes when compared with the more standard treatment of injections with education.

Funded by the government-run NHS Health Technology Assessment Programme, the trial is being carried out by the Trust and the University of Sheffield in partnership with six other hospital centres around the country.

The chief investigator for the trial is Simon Heller, Professor of Clinical Diabetes at the University and Consultant Diabetologist at the Trust. He said: "This is fantastic news for Sheffield and is very promising for diabetes patients.

"Insulin pumps are used

widely elsewhere but relatively rarely in the UK, despite some promising signs that they are effective in some people. This study will allow us to assess quite how effective they are for patients who have been taught to self-care.

"It is important that patients are able to look after their own care as much as possible, but we need to know which treatment is likely to lead to be more effective when we train them to do this. The study will make a vital contribution in this respect."

A total of 280 adults (40 in Sheffield) with type 1 diabetes will be recruited, with suitable volunteers being asked to participate. Half will be randomly allocated to have the insulin pump treatment and the other half will have the injection treatment, both in combination

with a DAFNE course, which provides training in the skills needed for people to manage their diabetes themselves.

An insulin pump is a device similar in size to a mobile phone that contains sufficient insulin to supply the patient's needs throughout the day. Although relatively expensive, it has important potential benefits such as better control of blood sugar levels, reduced risk of hypoglycaemia (low blood sugar), a more flexible lifestyle and better quality of life.

However, until now, it has not been proven how well insulin pump therapy works when compared with injections in patients who are taught effectively to manage their own insulin therapy. It is not known, for example, whether insulin pumps can be more effective because of the quality

of the education patients receive, or because of the devices themselves.

The results of the trial will help to determine whether the NHS should spend money on insulin pumps with education and, if so, how much.

Researchers are currently looking to recruit suitable patients onto the trial. Patients must be over 18 years of age; have type 1 diabetes; have no preference over the use of pumps or injections; be willing to monitor their blood glucose and assess food intake; and must not currently be using a pump. If you are interested in taking part or finding out more, please contact Professor Simon Heller at [s.heller@sheffield.ac.uk](mailto:s.heller@sheffield.ac.uk) or call 0114 271 3204 or Carolin Taylor at [carolin.taylor@sth.nhs.uk](mailto:carolin.taylor@sth.nhs.uk) or 0114 271 4981.

# Sheffield awarded Centre of Excellence status in Rheumatology

Sheffield has been granted the prestigious title of Centre of Excellence in Rheumatology by a leading European health organisation.

EULAR (The European League Against Rheumatism) has granted the award based on Sheffield's outstanding record in carrying out clinical research into Rheumatology.

The title is conferred on the Trust in partnership with the University of Sheffield, becoming one of only five such Centres of Excellence in the country.

Professor Gerry Wilson, Head of the Department of Rheumatology at the University and Honorary Consultant Rheumatologist, said: "Receiving this title is excellent news for Sheffield,

and we are delighted to have been recognised in this way.

"Rheumatology research in the city is well developed and, thanks to close partnership working between the University and Sheffield Teaching Hospitals, we are able to contribute some excellent research to the field every year, which translates to improved patient care.

"This award will enable to us to continue to develop our research for the benefit of patients."

Rheumatology is a clinical specialty dedicated to the diagnosis and treatment of diseases affecting the joints, muscles and bones. Each year Sheffield researchers carry out some of Europe's most significant studies into the specialty, including into

diseases such as rheumatoid arthritis, other forms of inflammatory arthritis and osteoporosis.

Sheffield joins a prestigious list of research centres across Europe, including leading centres in London, Paris, Amsterdam and Vienna. The awards are made to help develop first-class research centres for active researchers, and to enable exchange of research projects between centres.

The city is home to some of Europe's most renowned researchers in the field, with the Centre hosting seven Professors as well as a large team of clinical and non-clinical lecturers.

The designation of Centre of Excellence will last until mid-2016, when it will be reviewed.



**Professor Gerry Wilson**

# Meet the Governors

Our Patient and Public Governors are happy to discuss future developments or key issues facing your local hospitals.

Anyone can contact a Patient Governor but Public Governors represent certain areas of the City (see profiles below to see

who represents your area). You can email each Governor at [governor@sth.nhs.uk](mailto:governor@sth.nhs.uk) please state in the subject bar if there

is a governor your question is aimed at in particular.

Alternatively contact the

Foundation Trust Office on +44 (0)114 2714322 who will be happy to pass your comments or message onto a Governor.



**Caroline Irving,**  
Patient Governor



**Jo Bishop, Public Governor, North**



**Yvonne Challans, Public Governor, South East**



**George Clark, Public Governor, North**



**Anne Eckford, Public Governor, West**



**John Laxton, Public Governor, South West**



**Shirley Lindley, Patient Governor**



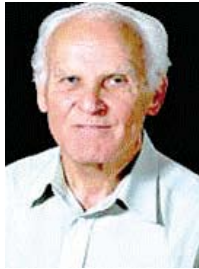
**Andrew Manasse, Public Governor, South West**



**Kaye Meegan, Public Governor, North**



**Hetta Phipps, Public Governor South East Sheffield**



**Richard Barrass, Patient Governor**



**Roz Davies, Patient Governor**



**John Warner, Public Governor, West**



**Michael Warner, Patient Governor**



**Graham Thompson, Patient Governor**



**Susan Wilson, Public Governor South West Sheffield**



**John Holden, Patient Governor**



**Danny Roberts, Public Governor, South East**

## Getting to know your Governors



Graham Thompson was first elected as a Patient Governor in 2008 and members have recently re-elected him for 3 more

years. Before he retired Graham had been a senior manager for a medical device company in Sheffield for 38 years. His late wife

was a matron at Jessops and his daughter is a nurse at the Northern General Hospital. As a Governor Graham is directly involved in issues of quality of patient care, clinical effectiveness, cleanliness, infection control and nutrition.

**What part of being a Governor do you enjoy most?**

Seeing the improvements that the Trust is introducing and talking to patients to

explain what the changes will do to improve their care and health outcomes.

**What does your role involve?**

Conveying the patients' perspective to the Trust. Looking at issues and challenges from a different angle and contributing a another view to discussions.

**What was the last thing that made you laugh?**

The video of "All I want for Christmas is you" by the crew of

HMS Ocean

**Who do you admire most and why?**

Nelson Mandela. He is the epitome of a statesman and leader showing disregard for his own safety for the wellbeing and future of his nation and its people.

**What do you think is your best strength?**

My years as a manager in many roles working with people in an

ever changing world has given me a different view on issues.

**If you could be anywhere in the world right now where would you be?**

Bali.... a tropical island with lost of sunshine, very nice hotels, interesting food and nice memories.

**Which actor would play you in a film of your life?**

Daniel Craig. The script would test the best.

## Patient Experience Report

The Trust is dedicated to improving the care and services we provide and therefore constantly look at feedback from our patients and visitors to enable us to do so. The Patient Experience Report aims to present a

rounded picture of patient experience and, as such, provides information on all aspects of experience, good and bad. Where poor experience is reported, actions are then taken to ensure improvements are made, and featured in

future reports.

The reports present a wide range of information from different sources. Including the following:

- National Surveys
- Frequent Feedback
- Website Feedback

- Comments Cards
- Complaints
- Service Improvement Projects
- Governor and LINK Visits

Using all methods of information available enables the Trust to better understand

the patient's experience of the services offered and delivered, and is beneficial to help prioritise where to focus efforts on action planning. You can find out more and read the report on our website: <http://www.sth.nhs.uk/patients/public-patient-involvement>



