

# Care of Spinal Cord Injured Individuals



**A One Day Study Day  
For Nurses and Carers  
Held at**

**The Princess Royal Spinal Injuries Centre  
Sheffield**

**on ...**

<b>Friday 18th Nov</b>	<b>2016</b>
<b>Friday 10th February</b>	<b>2017</b>
<b>Friday 7th April</b>	<b>2017</b>
<b>Friday 21st July</b>	<b>2017</b>
<b>Friday 1st December</b>	<b>2017</b>

This study day will be held at the Northern General Hospital and will run from approximately 8.30 am – 5pm. Confirmation of venue and start time will be sent by post to your address prior to the day.

This Study Day is suitable for Nursing Professionals and Carers who are involved in the care of Spinal Cord Injured Individuals.

The day is intended to build on everyone's current knowledge and skills.

A resource book will be given to all participants as well as suggestions for further reading and further education / development opportunities.

The aim of the day is to enable every participant to feel better equipped to meet the specific needs of someone who is paralysed.

Lectures and Sessions will include ...

Anatomy and Physiology

Autonomic Dysreflexia

Bladder and Bowel Management

Physiotherapy & Home Exercises

Skin Integrity/Surgical Management of Pressure Sores

Wheelchair Choice and Seating Issues

Living with Spinal Cord Injury - from the patients' perspective.

The fee for the day is £50 for NHS Staff and £80 for Private Sector Staff . This fee is inclusive of lunch and drinks.

If you have any queries about this course, or require an application form, please contact

[leanne.dixon@sth.nhs.uk](mailto:leanne.dixon@sth.nhs.uk)

Please send completed application forms and payment to

Ms Leanne Dixon,  
Course Coordinator  
Princess Royal Spinal Injuries Centre  
Northern General Hospital  
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Sheffield  
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☎ : 0114 271 5525

✉: [leanne.dixon@sth.nhs.uk](mailto:leanne.dixon@sth.nhs.uk)

Closing date for applications – 2 weeks before SD

Please note:

This study attracts substantial interest and places are secured on a first come first serve basis. Please be aware that the course is often filled before the closing date – book early to avoid disappointment. . It is not possible to secure a place other than by payment of the registration fee.

If applicants need to cancel, they must inform Leanne at least 7 days prior to the date of the study day. The course fee will not be refunded if applicants fail to attend or cancel at short notice.