

link

Sheffield Teaching Hospitals **NHS**
NHS Foundation Trust



Photo by competition winner Mr Martin McClelland

**The Duchess of Cornwall opens
Biomedical Research Unit P4-5**

Focus on community services P6-7

New dementia pathway launched P12



Spring/Summer 2011

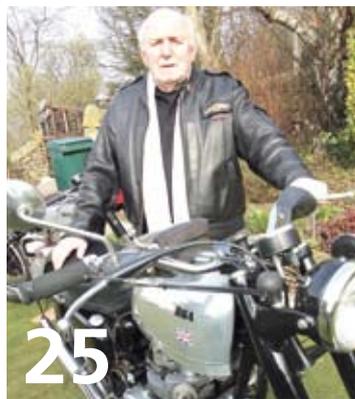
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Welcome to the spring edition of

While we await the outcome of the Government's listening exercise about the proposed NHS reforms, it is business as normal here at the Trust with a continued drive to provide high quality care as efficiently as possible.

This edition of Link showcases some great examples of where this is happening. Examples of teams adopting new ways of delivering services, improving patient safety and innovative developments within community services all make for interesting reading.

A particular focus I am asking all staff to focus on is a drive to reduce the number of Cdifficile cases we have within our hospitals. Similar to the fantastic performance we have achieved in reducing MRSA, I am confident we can cut the number of patients who catch this bug. Overleaf is more detail about how we plan to do this but it requires EVERY member of staff to adopt rigorous infection control practices. Hand washing is the single most effective way of keeping our patients safe and we must never be complacent about the need to do this regardless of whether we are in

everyone, ing Link...

clinical or non clinical positions. I am delighted that this issue of LINK also features articles about community service colleagues and showcases some of the services they provide and the work underway to integrate community and acute care pathways for the benefit of our patients. Yet again there are some fantastic stories of life changing treatments and care and also the enormous generosity of our charities and fundraisers. Happy reading
Andrew Cash

Sir Andrew Cash
Chief Executive

Andrew Cash.

Inspection shows older patients are treated with dignity in our hospitals

A report by the health watchdog Care Quality Commission (CQC) has concluded that our Hospitals provide essential standards of nutrition for elderly patients and have respect for patient's privacy and dignity.

The report by the Care Quality Commission (CQC) follows an unannounced inspection programme which examined whether elderly people receive essential standards of care in 100 NHS hospitals throughout England.

The inspection of wards at the Northern General Hospitals found the Trust met all essential standards on nutrition and in ensuring patients are treated with dignity and respect.

Hilary Chapman, Chief Nurse/Chief Operating Officer, said: "We are pleased with the results of the inspection which clearly reflect the efforts of our staff. However, we are never complacent and we will continue to explore opportunities for further improvements."



What you can do to keep our patients safe from the Cdifficile bug

Thanks to everyone's concerted efforts over the past few years to adopt rigorous infection control practices, our patients now benefit from being cared for in hospitals which have amongst the lowest incidents of MRSA bacteraemia in the UK. We have also performed very well on Cdifficile.

However I am now asking everyone in the Organisation to refocus their efforts on reducing Cdifficile even further because recently we have seen an increase in cases. We need to do everything we can to drive down the chances of patients contracting Cdifficile because that is the right thing to do as part of our commitment to high quality care. We also have a statutory duty to do this which takes the form of a new national standard. The new

target set for our Trust is to have no more than 134 cases of Cdifficile in 2011/12. Last year our target was 304 cases and we had 184 cases. As you can see it will be a challenge given the number of patients we treat in a year to achieve this without a concerted effort from everyone.

A clean environment, rigorous hand washing, ensuring clinicians are bare below the elbows when in clinical areas and careful antibiotic prescribing are all things which will lower the chances of patients contracting Cdifficile.

An action plan has also been with a number of other measures wards are being asked to adopt immediately. A deep clean programme has also commenced at the Hallamshire and Northern General Hospitals. Many thanks for your ongoing hard work and commitment to provide our patients with the best care possible.

HRH The Duchess of Cornwall opens Biomedical Research Centre

HRH the Duchess of Cornwall officially opened the new £2m Centre for Biomedical Research at the Northern General Hospital and described it as an 'impressive facility which will play a vital part in future healthcare research'.

The Centre is a state of the art facility which is ensuring discoveries made in research are used to improve clinical care benefiting thousands of patients with bone and heart conditions.

The Centre is the result of a long standing partnership between Sheffield Teaching Hospitals and The University of Sheffield. It has been funded by a multi million pound grant from the National Institute of Healthcare Research as part of the Government's Best Research for Best Health strategy.

The Centre is home to two national Biomedical Research Units focusing on understanding and pioneering new treatments for bone disease such as osteoporosis and cardiac conditions.

Osteoporosis is an area of research especially close to the Duchess's heart as her mother sadly died as a result of the disease in 1997. The Duchess subsequently became President of the National Osteoporosis Society in October 2001 in recognition of her tireless work for osteoporosis and her support of the charity.

One in two women and one in five men over the age of 50 in the UK will fracture a bone, mainly as a result of osteoporosis and hip fractures cause more than 1150 premature deaths each month in the UK. The cause

of the disease is still not fully understood, but vital research such as the projects which are conducted in Sheffield's new Biomedical Research Centre continues to build up a picture of the factors that influence bone health.

As part of the visit, HRH took the time to speak to research participants and staff and said: "It has been very interesting to see the work at this impressive new research facility and it has showed me how vital this facility will be for the advancement in research into bone and heart conditions."

Richard Eastell, Professor of Bone Metabolism and Director of the Biomedical Research Unit for Musculoskeletal Disease, said: "We were truly honored to welcome the Duchess of Cornwall to officially open the

new Centre. We are fortunate to have some of the best experts in the world working here in Sheffield and have amazing support from patients and the public who continue to participate in research trials. The Centre builds upon Sheffield's long tradition of excellence in bone research, combining the expertise of our research investigators with the dedication of research nurses and support staff to bring relevant and key advances to the field. The Sheffield Cardiovascular Biomedical Research Unit is also one of only a handful of such centres in the country. Combining both research and clinical staff the unit aims to translate cutting edge research into new clinical procedures and understanding, thus improving the treatment

The Duchess of Cornwall met with patients and staff on her visit to the Biomedical Research Unit



The Duchess of Cornwall and Richard Eastell

Quiz Time Answers:

1. Kate by 6 months
2. St Andrews
3. History of Art
4. Mount Kenya, Kenya
5. Anglesey, RAF Valley
6. Flight Lieutenant
7. Sixth
8. Aston Villa
9. Westminster Abbey
10. South Africa

officially Centre

of patients with Cardiovascular Disease and Pulmonary Hypertension in Sheffield and across South Yorkshire."

Professor Tony Weetman, Pro Vice-Chancellor for Medicine, Dentistry and Health at the University of Sheffield, said: "It has been a great honour to welcome HRH The Duchess of Cornwall to the Centre for Biomedical Research to view our ground-breaking research. I am extremely proud that we have opened this outstanding facility, which is a great example of the close partnership between the Sheffield Teaching Hospitals Foundation Trust and the University of Sheffield. The teams in the Centre have already made significant progress in improving the treatment of bone and heart diseases, and I am sure there will be many future breakthroughs from their work."



of Cornwall being greeted by Professor
ell Director of the Biomedical Research Unit

New national survey shows patients rate Sheffield's Hospitals care is among the best in the country

Short waiting times, quality care and high standards of cleanliness are just some of the reasons why patients have placed Sheffield Teaching Hospitals as one of the UK's best performing hospitals according to the Annual NHS patient survey.

Jemma Mosely, 22, from Wharnccliffe Side in Sheffield is just one patient who believes the care she received when having her first baby at the Jessop Wing was second to none.

"As this was my first pregnancy I was very nervous but the midwives were really caring: they put me at ease and were very reassuring during the birth. The ward was always kept clean and all the staff there from the cleaners to doctors were always smiling and polite. I now have a beautiful baby boy so I am very grateful for the care I received."

The survey, coordinated for health watchdog the Care Quality Commission by the Picker Institute, considered responses from over 66,000 inpatients over the ages of 16 at 165 hospital trusts.

The Trust was rated above average for overall experience and nursing care as well as featuring in the top 20% of hospitals in more than half of the categories including:

- Confidence in the doctors and nurses
 - Short waiting times to be admitted to hospital
 - Having enough nurses on duty
 - Overall rating of quality of care
 - Having the opportunity to talk to Doctors
 - Having enough privacy when been examined or treated and when discussing condition or treatment
- However patients also wanted to see further improvements in some areas including:
- Preventing delays in discharges
 - Having help from staff to eat meals when needed

Hilary Chapman, Chief Nurse/ Chief Operating Officer said: "We are pleased with the results which clearly reflect the efforts and excellence of our dedicated staff. We are however also looking at the areas where patients feel we can further improve so that our results are even better next year."



Jemma was pleased with the care she received when giving birth to baby Ethan

Focus on Community

On 1 April, the community health services provided by Sheffield Primary Care Trust were successfully transferred to the city's three foundation trusts, with the majority of services moving to be part of Sheffield Teaching Hospitals, NHS Foundation Trust.

This move provides a unique opportunity to improve the quality of care and overall experience of patients as it will enable community and acute health service professionals to work more closely together and make healthcare journeys less fragmented for patients.

It also marks a significant change in our business as we will begin to look at providing more support and treatment for patients in or near to their home, rather than in a hospital setting. Community services staff are key to achieving this goal as they understand how to address the challenges this way of working raises.

A wide range of community services are currently delivered from bases across the city. This

ranges from services such as community nursing, which provides supports for patients during the day and night, to more specialist areas such as Tuberculosis, Tissue Viability, Family Planning and Podiatric Surgery. In the next few issues of Link Magazine we'll provide you with an insight into these services. This edition focuses on the Community Intermediate Care Service and Weigh Ahead, Weight Management Service.

The Community Intermediate Care Service (CICS) is one of the largest services that has transferred to STH and plays a vital role in keeping hospital admissions to a minimum and supporting early discharges.

It helps patients regain their independence and improve their quality of life by providing a complete package of treatment so they can be supported at home. The multi-disciplinary team includes nurses, physiotherapists, occupational therapists, rehabilitation assistants

and mental health staff who help patients with dementia or other mental health problems. Working together the team are able to address physical, mental and social rehabilitation needs.

This holistic approach provides the vital support patients need to enable them to leave hospital sooner or remain in their own home after an accident or period of ill health. The service manages approximately 20-25 general discharges from hospital and eight stroke referrals per week. Referrals from within the community can be up to

42 a week.

For Margaret Maxfield, the short-term, intensive support she received from the team following a broken hip helped her to recover and live the independent life that she wanted to.

When asked about the service, Margaret said: "I was back in my own home within ten days of the accident. I think that means that your mind doesn't go or anything else. Your friends can come and see you when you want. I think it's the most important thing that's happened in my life."

The Community Intermediate Care Service worked with Margaret to develop an appropriate package of care, treatment and therapeutic regimes that helped her to quickly be able to carry out personal daily tasks such as dressing, washing and preparing meals. On discharge, Margaret received support from experienced therapy staff who ensured that she had all the necessary rehabilitation and social care in place that she needed to continue to improve within her own home.



Patient Margaret Maxfield

"This holistic approach provides the vital support patients need to enable them to leave hospital sooner and continue to live an independent life at home."



Weigh Ahead team help Mayor stay healthy



Susan Steiner-Gardner, physiotherapist and member of the Weigh Ahead team

- a free weight management programme for people who are significantly obese. This includes anyone who has a Body Mass Index (BMI) of 40 or over or someone who has a BMI between 35 and 40, but has another medical condition such as diabetes.

The Weigh Ahead service was launched in September last year and provides a personalised programme of support over a 12 week period. During this time people may see Dietitians, Physiotherapists, Psychologists and other health professionals depending on their needs. Working together, the Weigh Ahead team help people make long lasting changes to their lifestyle and overcome their difficulty in reducing and maintaining their weight.

It is estimated that in Sheffield out of a population 450,000, 24% are obese and around a further 34% are overweight. This startling figure means there are many local residents who could benefit from the service.

Jane Bird, local Councillor, and the City's Lord Mayor in 2009 was supported by the service to successfully achieve her weight goals.

"It's about a life-style change, not just about what you eat. I don't like the gym or keep fit, but I love walking, so the Weigh Ahead staff advised me to do more of that. They were really lovely to talk to and gave useful information about how to read food labels quickly, and little things like using smaller dinner plates. I've lost four inches off my waist, gone down two dress sizes, and I feel healthier in myself. It's the best thing my doctor ever sent me to."



Further details about the service are available at www.weighaheadsheffield.nhs.uk or you can contact the team by emailing shef-pct.weighahead@nhs.net
Any queries regarding Community Services can be directed to Simon Gilby, Managing Director at simon.gilby@nhs.net

Sheffield's making noise against homophobia and transphobia

A 'one minute noise' to mark the International Day Against Homophobia and Transphobia (IDAHO) took place in Sheffield's Peace Gardens in support of the human rights of lesbian, gay, bisexual and transgender (LGBT) people.

Organised by Sheffield Teaching Hospitals Centre for HIV and Sexual Health (CHIV) in partnership with Sheffield City Council, the public IDAHO event commemorated the anniversary of the day in 1990 when the World Health Organisation removed homosexuality from its list of mental disorders.

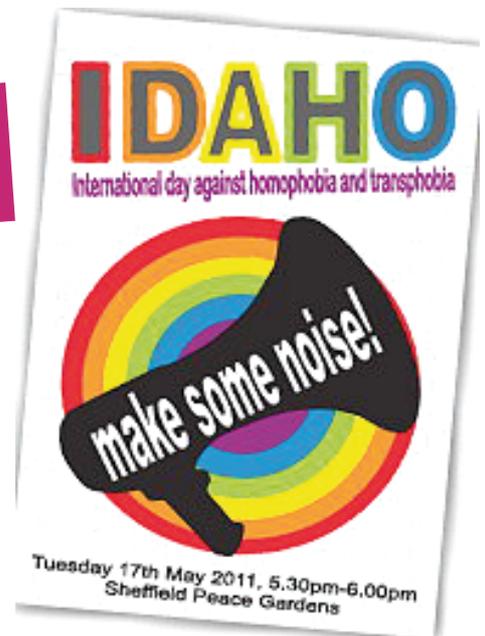
Key speakers will pledged their support at the event, including UK IDAHO co-ordinator Derek Lennard, South Yorkshire Police, Amnesty International and Sheffield Eagles RLFC. It ended with a performance by Out Aloud, Sheffield's LGBT choir, and a 'one-minute noise' aiming to unite the people of Sheffield in a demonstration of collective visibility against homophobia and transphobia.

Steve Slack, Director of CHIV, said: "Now in its seventh year, the International Day Against Homophobia and Transphobia is an important date for everyone to realise the profound effects that homophobia and transphobia can have on an individual's life, their health and their wellbeing. It is a day for us to come together to state that these forms of prejudice and discrimination are unacceptable and have no place in our society."

"This is the sixth consecutive year that Sheffield has hosted an event to mark the

day, with each event growing in popularity year on year."

Councillor Julie Dore, Leader of Sheffield City Council, said: "It is important to recognise that homophobic and transphobic attitudes still exist in our society. I want to send out the message, loud and clear, that there is no place for this kind of discrimination in Sheffield."



Sheffield Gay Pride - 16th of July 2011 1-7 pm, Endcliffe Park, Free Entry

Sheffield Pride is an annual event created to celebrate the lesbian, gay, bisexual and transgendered (LGBT) community within Sheffield and throughout the world as a whole.

The event helps to increase the visibility of

an often marginalised community, designed to highlight homophobia throughout the city but most importantly to celebrate the differences as well as the similarities between individuals of the LGBT community and to thank those individuals, organisations and businesses that support the community throughout the year.

This year, the event is taking place on the 16th July at Endcliffe Park. The Hallamshire Hospital's Genito-Urinary Medicine Unit will be taking part with a stall with information, games and freebies.

Everyone is welcome, so why not come along to show your support?

Girls artwork for Weston Park

When eleven year old Chelsea Swindell's mum sadly lost her battle with cancer she wanted to do something to say thank you to Weston Park Hospital where her mum was treated.

Chelsea and her friend Emily Wilson decided painting a colourful picture would be a great way to say thank you and would help to cheer up patients, who are waiting for treatment. The girls painted a butterfly design and the headmaster of their school, Limsfield Junior School, had it printed on canvas and mounted on a one meter square frame.

The girls unveiled their picture at a ceremony on the 14th March, this is a special date for Chelsea and her family as

it would have been her mum's birthday. The girls were joined by Chelsea's auntie, uncle and cousin and staff from Weston Park for the occasion. The painting has been hung pride of place in a waiting room in the radiography department. Moira Tomlinson, Senior Manager, Radiation Services, said "Since we are one of the few departments that do have children, we thought it would be a good place to have this picture and we are putting it in a room that is used by adults and children who are having treatment. It is also used for children who are coming with family members to wait in a more "child friendly" environment. We think the girls have done an excellent job and the picture really brightens up the room."



Moira Tomlinson Manager of Radiation Services and Sue Shepley Matron with young artists Chelsea and Emily

Trust recognised for pioneering diabetes work

The Trust has been recognised in two prestigious national award schemes for its outstanding efforts in enhancing patient safety in the area of diabetes.

The Trust's work in this respect won in the category of Best Improvement in Quality and Safety at the British Medical Journal's (BMJ) Group Awards, and was nominated in the Patient Safety Awards, run by the Health Service Journal and the Nursing Times, in the category of Patient Safety in Clinical Practice.

Diabetes is one of the most common diseases in the UK, with 2.6 million current sufferers – a figure that is expected to rise by 50% in the next decade. The Trust has been running a highly effective project to help reduce errors in the management of diabetes patients whilst in hospital and to improve patient outcomes and experiences.

The Trust brought together a team of patients, nurses, doctors and managers, supported by the wider diabetes unit, to look at the ways in which the management of diabetes can go wrong, for example through errors in insulin and blood glucose (sugar) monitoring.

The team, led by clinicians Dr Fionuala Creagh, Dr Dinesh Selvarajah and specialist inpatient diabetes nurses Clare Nelson, Cathie Stocks, Kath Hudson and Chloe Nisbet, then created a number of 'care bundles'. These were sets of tasks

representing best practice in patient care, which were implemented on selected wards. These brought in new ways of working including a diabetes education programme for staff and 'Hypoboxes' – colourful, permanent boxes where staff can find guidance and equipment to treat hypoglycaemia (when a patient's glucose levels drop below normal levels).

Improvements in patient safety included a 28.2% reduction in hypoglycaemic episodes in patients with diabetes. The diabetes team now plans to roll the project out to more wards to build on the success, helping to ensure an even higher quality of diabetes management and patient care and safety across the Trust.

Dr Dinesh Selvarajah, Honorary Consultant Diabetologist, said: "We are truly delighted to have been recognised in these two awards schemes and this represents a lot of hard work on behalf of a large team.

"Up to one in five hospital patients have diabetes, and so it is essential that we have all the right processes in place to manage the disease, whether it is the primary reason someone is in hospital or not.

"We identified areas in which we could make improvements in the care of people with diabetes and worked quickly to find

ways in which we could make our hospitals safer for our diabetic patients with better clinical outcomes."

The team received the BMJ Award at a ceremony in London on 18th May.



Specialist Inpatient Diabetes Nurse Clare Nelson and Honorary Consultant Diabetologist Dr Dinesh Selvarajah receive the BMJ award

Family's baby joy after heartbreak of recurrent miscarriage

After the trauma of losing four babies, Samantha Smith's dream of becoming a mother has finally been fulfilled thanks to specialist treatment at Sheffield Teaching Hospital's Jessop Wing.

Samantha, 38, and husband Matthew from Waltham, Grimsby were overjoyed to finally hold their healthy baby girl in their arms after almost giving up hope of ever having a baby.

Samantha had sadly suffered two miscarriages, given birth to a stillborn baby girl at 26 weeks gestation and lost a premature baby boy who tragically died at five days old after being born at just 23 weeks.

But thanks to specialist treatment at the Jessop Wing's Miscarriage Clinic, the couples dream finally came true last year with the arrival of baby Annie Rose on 21/08/10 weighing 7lb 12oz.

Samantha said: "When Annie Rose was born and I held her for the first time it was so overwhelming. I felt like I was in shock. I just stared at her, here was our beautiful baby girl safe

in my arms opening her little eyes and moving about, perfect in every way!"

Before attending the clinic Samantha, a Sales Assistant and Matthew, an Instrument Technician had been trying for a baby for four years and were anxious to understand why Samantha was suffering from recurrent miscarriage.

Samantha was referred to Professor Tin Li, Consultant in Obstetrics & Gynaecology, who leads the Trust's pioneering research into the causes of multiple miscarriage.

After testing and examinations, Prof. Li discovered that Samantha's miscarriages had been caused by a congenital uterine anomaly and a partition in her uterus.

Mr Li explains Samantha's condition: "Sam was born with a partition in her womb, dividing it into two halves. The partition interferes with the implantation of the embryo and causes miscarriage. I therefore carried out a type of key hole surgery to rectify the problem called Hysteroscopy and successfully removed the partition for her."

Four months after the second

operation, Samantha was delighted to fall pregnant with Annie Rose. She was carefully monitored in Sheffield to ensure the baby was developing well without any problems.

Samantha said: "We had excellent care and travelled to Sheffield for scans every two weeks. From the onset of my pregnancy someone was always ready to speak to me on the telephone, reassuring and encouraging and ready to find answers to my questions. Mr Li gave us strength on emotional and mental levels with his quiet, calm and efficient manner. Any questions asked of him were answered truthfully and with great hope of success. Although always busy, he never failed to make time for us."

"When Annie Rose was born I couldn't stop myself from staring at her. We had waited four years, gone through so much pain and heartache and here she was alive and full term. We are totally besotted and in

love with her. Even now when I hold her in my arms I still cant believe how lucky we are to have our miracle Baby, thanks to Professor Li and his team."

The Jessop Wing is a specialist centre, it is the leading miscarriage clinic for the region and has helped over 1000 women fulfill their dream of becoming a mother. Professor Li has been running the clinic for almost 20 years and has published numerous papers on the subject. He lectures regularly in national and international meetings.

Proud Dad Mathew added: "After four long years of waiting for our baby girl, it was certainly a combined effort of all concerned, initiated by our dear premature baby son Jack who led us to Sheffield where we found Prof. T C Li, who through his expertise and dedication, helped Annie Rose, our little miracle, to progress to full term.



Proud mum dad Mathew, mum Samantha and baby Annie Rose



Prof. Li holding baby Annie Rose

News In Brief

The Angina Plan has been commissioned for patients who have a confirmed diagnosis of Angina. The Angina Plan is an evidence based supported self help treatment programme which will help patients manage their angina

symptoms. It gives information about angina, gives coping skills to manage angina, discusses medication, relaxation techniques and offers advice about activity and goal setting.

The first appointment is

School children visit new Hand Centre with inspirational artist

Children from three Sheffield schools visited the Northern General Hospital in March with local artist Joe Scarborough to see their very own artwork on display.

The children, from Ashdell Preparatory School on Fulwood Road and Tapton Secondary School on Darwin Lane, visited to see pieces of artwork they produced displayed in the new Sheffield Hand Centre at the Northern General Hospital.

The Hand Centre has been opened as a state-of-the-art facility for the care of patients needing surgery on their hand or upper limb. It is one of only a few in the country where patients receive the benefit of both orthopaedic and plastic specialist hand surgeons, combined with experienced hand therapists.

The children, aged between 7 and 16, were supported by Sheffield-born artist Joe Scarborough, who talked to them about his work and how he came to be successful. Scarborough is most famous for painting humorous scenes of Sheffield life and is one of the city's best known

celebrities, taking images of the city around the world.

To celebrate the opening of the centre and to add an attractive addition to its walls, girls from the Ashdell Preparatory School Art Club produced a large-scale collage featuring hand cut-outs of famous people from Sheffield, including David Blunkett, Gordon Banks, Jarvis Cocker, Jessica Ennis, Joe Scarborough and many others.

The students then added their own drawings to the theme of the celebrities who appear on the collage. The piece now holds pride of place in the entrance hall to the centre.

Students from Tapton together with Birkdale School produced a range of smaller pieces which now decorate the walls around the centre.

Heidi Wragg, a teacher at Ashdell who helped the children put together their artwork, said: "The girls were really pleased to be able to produce a piece for the new centre, especially since it features lots of celebrities!

"We wrote to around 200 famous Sheffield people asking them to contribute

and the response was fantastic – you would have to go a long way to find so many celebrities featured in one piece of artwork."

Ros Harper, Consultant Plastic Surgeon, said: "At the conception of this new centre, the hand surgeons felt that this should be the Sheffield Hand Centre for

Sheffield people.

"Involving Ashdell and Tapton schools has meant that we have fantastic artwork from the generation that will go on to inherit the centre. Ashdell, by contacting people who live and work in Sheffield, has involved the whole community in supporting this new centre."



Students from Tapton School with artist Joe Scarborough

... LAUNCH OF ANGINA PLAN

a face to face meeting with a experience and trained member of staff, which lasts about 40 minutes. The patients will then be contacted up to four times by phone to offer ongoing support over the following 12 weeks.

Studies have shown that

patients who have completed the Angina Plan show a greater reduction in their anxiety and depression, report a decrease in the frequency of angina and a reduction in the use of GTN.

The NICE guideline, 'Management of Stable Angina' (Draft 2010) lists

self management skills for patients with Angina as one of the key priorities.

Inclusion Criteria:

- Newly Confirmed Diagnosis of Angina or Patients who have attend a CHD review for Angina Referral:
- Please refer patients using

the Angina Plan Referral Form which can be found on the intranet.

For further information please contact Lis Johnson, Lead Angina Plan Nurse

Tel: 0114 3054108/3054200 or e-mail lis.johnson@nhs.net

New dementia pathway launched



The Trust has launched a new pathway for patients with dementia, which will promote best practice and give a clear framework of dementia care to staff across the Trust.

The pathway is part of a project to improve the care of patients with dementia by helping staff to understand how best to manage patients in their care who have it. It will focus on ensuring that services across the Trust work together effectively, helping to improve the patient experience.

The pathway has been developed by the Dementia Care Group, established in late 2010 to look at ways in which dementia care across the city can be developed. The group, which is co-chaired by Dr Chris Austin and Revd Mark Cobb, consists of representatives from the Trust as well as from partner organisations across the city.

The Care Group's first task is to focus on acute dementia care, in keeping with the priorities of the National Dementia Strategy.

The group has looked at the prevalence of dementia in the Trust, undertaking a cross-specialism survey. The results showed that dementia is very common among patients. On a given day, around 23% of inpatients have the dementia (either diagnosed or suspected), with 70% of patients in some directorates.

The average stay for patients with dementia is 26 days – up to 40% higher than patients with less complex needs, and

the total cost of dementia to NHS Sheffield is around £11m per year.

The next step for the group will be to review dementia care outside of the Trust and improve the care and support to patients in the community.

Dr Chris Austin said: "Dementia is rightly being taken very seriously not only by the Trust but also on a national level. As the population of the country gets older, this disorder is becoming more and more common – indeed numbers are expected to double in the next thirty years.

"It is therefore vital to ensure we optimise our care to patients with dementia across the Trust. The dementia care pathway will help all clinicians to access appropriate specialist care when needed to improve patient outcomes."

Revd Mark Cobb said: "Ensuring dementia care across the city fully meets the needs of patients is a long and complex task, and this new pathway is a just a start. We are aware that too many patients with dementia stay in hospital for too long without access to the right specialist care and we are now addressing this.

"This work is an important first step in ensuring that patients receive the right care, in the right place at the right time."

The seminar at which the pathway was launched brought together representatives from across the Trust to discuss best practice in dementia care.

All directorates will be sent copies of the pathway with supporting information to help their staff follow the new procedures.

Academic Directorate of Neurosciences profile dementia research

The Academic Directorate of Neurosciences recently hosted the first in a series of forums to profile the outstanding research taking place within the directorate and beyond to help develop its research strategy.

Leading on from a similar recent Stroke Forum organised by the Faculty of Medicine, Dentistry and Health, the event profiled Dementia research and saw a number of researchers highlight the work they have been doing in the area.

As well as capturing the scope of present research in this area, the event explored

opportunities to build research through collaboration identified opportunities for the strategic development of research award applications, and strategic appointments of new staff within NHS and academic partners.

Jodie Keyworth, Directorate Research Co-ordinator for Neurosciences, said: "The introduction of this series is an exciting development in research in the directorate, and provided a great opportunity for people to hear about the research that is currently taking place around dementia as well as to help chart a way forward."

Surgical services goes back to school with new speaker series

Pioneering research sheds light on treatment to prevent life threatening heart condition



Professor Martin Thornhill

A research team led by one of the Trust's Honorary Consultants has found that a common treatment for a life-threatening heart condition has limited benefit for patient outcomes, in a paper published in the British Medical Journal (BMJ) on 14th May.

Led by Martin Thornhill, Professor of Oral Medicine at the University of Sheffield and Honorary Consultant in Oral Medicine at the Trust, the team has assessed the impact of the prescription of antibiotics on the prevention of infective endocarditis - the inflammation of the inner lining of the heart - prior to invasive dental procedures.

Until March 2008, it was common practice in the United Kingdom to prescribe antibiotics before such procedures to help prevent the condition, which affects around 10 in 100,000 people in the UK every year. However, the National Institute for Health and Clinical Excellence (NICE) published guidance at this time which recommends antibiotics are not routinely offered, due to doubts over their effectiveness.

There is considerable debate internationally around the use of the preventive treatment and so the team set about a study to ascertain the impact the guidance

has had on the incidence of endocarditis in the UK.

Analysing the rates of prescription of the antibiotics together with the incidence of the condition across the UK for the two years following the introduction of the clinical guideline, the researchers found that whilst prescriptions of the preventive treatment decreased by a highly significant 78.6%, there was no significant increase in the number of cases of, or deaths caused by, endocarditis.

Professor Martin Thornhill said: "In most parts of the world it is still standard procedure to prescribe antibiotics for this condition, and indeed this was the case in the UK until 2008. However, with the introduction of the NICE guideline in 2008 it was important that we analysed the impact of changing practices across the country.

"Our study has shown that there has not been any significant increase in the number of cases of, or deaths caused by, endocarditis, and supports the NICE guideline recommendations in this respect. However, it does not rule out the possibility that antibiotics may be beneficial for a small group of patients at particularly high risk of developing endocarditis, and further research is needed to look into this in more detail."

The team of authors who carried out the research is made up of cross-disciplinary experts from the UK and the United States.

The full paper is available online at <http://www.bmj.com/content/342/bmj.d2392.full>

Staff in the Surgical Services Group are benefitting from the expertise of a series of guest speakers as part of a new initiative established in the directorate.

Called 'management school', the sequence of weekly meetings was set up initially to help a new management team in the group in their learning and understanding of various key issues related to their work. However, it proved so successful that it was opened up to all staff in the group. It now has a regular attendance of 15-30 managers, consultants, nurses, physiotherapists and administrative staff, with sessions booked out until late June.

Focussing on key topics such as finance, governance, and community services, each event sees a guest speaker go into depth on the issue before opening up for questions and further discussion.

Recently, the group welcomed the Chairman, David Stone, to speak on his role and the changes currently taking place in the Trust and across the wider NHS. Mr Stone

gave an insightful talk on how a Foundation Trust such as ours works, what the key challenges we are facing are and the programme of change that is required to help meet those challenges.

Staff from both clinical and non-clinical areas offered their thoughts on the future of patient care in surgical services, and key themes emerged around the importance of operating integrated healthcare services across the city and good communication between all members of staff.

Michael Harper, General Manager, Surgical Services, said: "We started the management school on a small scale but it has proved to be a valuable resource for staff right across the group and has grown significantly. The series has allowed us to learn from experts across the Trust on fundamental issues that affect our work, as well as bringing together the different experiences and knowledge of staff within the group.

"We very much hope to be able to continue this good work and that more staff, both clinical and non-clinical, will be able to join us."



Chairman David Stone talks to the Surgical Services Management School

Getting To Know You

Professor Wesley Vernon OBE

Head of Podiatry Service & Research Lead in Community Services

About the podiatry service

The podiatry service works within community clinics, patients' homes, residential and nursing homes, GP practices, out-reach clinics and a mobile unit.

It provides nail surgery, podiatric surgery, forensic podiatry, biomechanics, rheumatology and podiatric empowerment. It also offers specialist diabetes foot care and has a shoe-fitter within the team who helps patients to buy appropriate footwear. Their direct links with podiatrists based in the hospital allows them to provide a seamless two-way referral system for patients who need rapid access to specialised units.

Wesley Vernon OBE is Head of Podiatry Services and the research lead in Community Services. He also has a clinical role within the podiatric nail surgery team, chairs an international sub-committee for forensic podiatry in the USA and is a visiting professor at Huddersfield and Staffordshire Universities.

What part of your job do you enjoy the most?

I enjoy successful innovation and producing answers to complex problems.

What was the last thing that made you laugh out loud?

I am currently reading Terry Pratchett's discworld novels. The antics of his 'pictsie' characters, the Nac Mac Feegles always make me laugh out loud. I love their well meaning 'honest' naivety.

What inspired you to work for the NHS?

I wanted a career that would do some good to society. That would make me want to get out of bed in a morning, knowing that the day would be worthwhile. Generally speaking,

the NHS has provided me with these opportunities and I still very much enjoy my work for this reason.

What is your ideal day off?

A day out with my wife with an early start, hearty breakfast, a trip out to an event, museum, historic site or something similar, go to the movies in the early evening and then finish off with a particularly nice curry.

Who do you admire most?

I admire a great many people and for different reasons. Top of my list are people who achieve something against all odds – who have learned to never give in, people who are prepared to stand alone for something they believe in and people who have been highly successful yet still manage to retain their humility and be modest about their achievements.

What do you feel is your best strength?

Persistence! I never give up if I believe that something is worthwhile, irrespective of how long, or whatever it takes (within the bounds of morality) to achieve this.

What has been the highlight in your career so far?

I have been privileged to have experienced many highlights, at many different levels and in many different ways. One of these was developing the new speciality of forensic podiatry in the UK, which helps police and lawyers in criminal investigations. I now chair an International sub-committee for the discipline in the USA and earlier this year, completed the first textbook dedicated to this speciality.

I have also been appointed as a visiting professor at Huddersfield and Staffordshire Universities.

In terms of personal achievement, at the top of my list would be the award

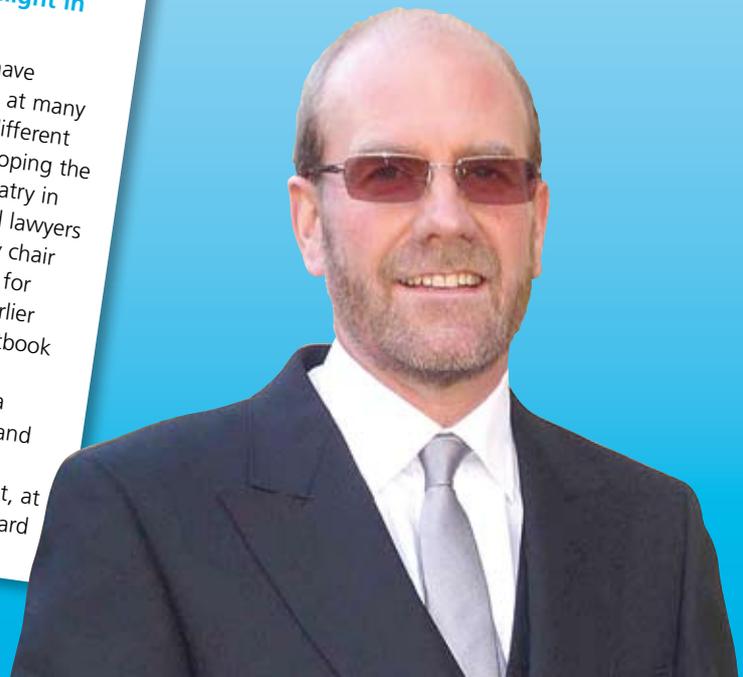
of my OBE for services to healthcare in 2009, (which I still can't take in).

If you could be anywhere in the world right now, where would you be?

I would be on a private yacht over in the Far East somewhere enjoying unusual food, good company and new experiences. We can all dream! On the other hand, if I sold my house, took navigation lessons.....

Which actor would play you in a film of your life?

A character based on my work has already been played by an actor called Kevin Doyle for a BBC detective drama. But in terms of current living actors, I'd have a choice of two. Ben Cross, if the director wanted to go for sheer accuracy. Or Christian Bale, who could best capture the raw passion I have for my subject and the widest and wildest aspects of my existence. I've done some pretty crazy stuff outside of work, which he could do quite well. He'd earn his money though!



Got a burning desire to improve practice? Have a canny idea to develop quality care? Why not call The Evidence Based Council

What is the Evidence Based Council (EBC)?

The EBC is a clinician led group, which aims to support research, audit and service development linked directly to clinical issues around the Trust. The council provides a forum to share innovation and provide support to people with projects with a variety of subjects. We have a range of members, from people undertaking their first project, through to experienced researchers, all of whom can offer support and advice every step of the way. If you want to develop your skills (e.g. literature searching, reading papers, auditing, implementing evidence) we can facilitate this for you. The council also aims to influence and participate in Trust wide strategies that support the development of Evidence Based Practice.

The Rewards for EBC Members

- E**mpowered to share evaluated evidence
- V**alued contribution to practice
- I**mproved knowledge base
- D**issemination of good practice
- E**xperience
- N**etworking
- C**ollaborative working
- E**xtensive resources

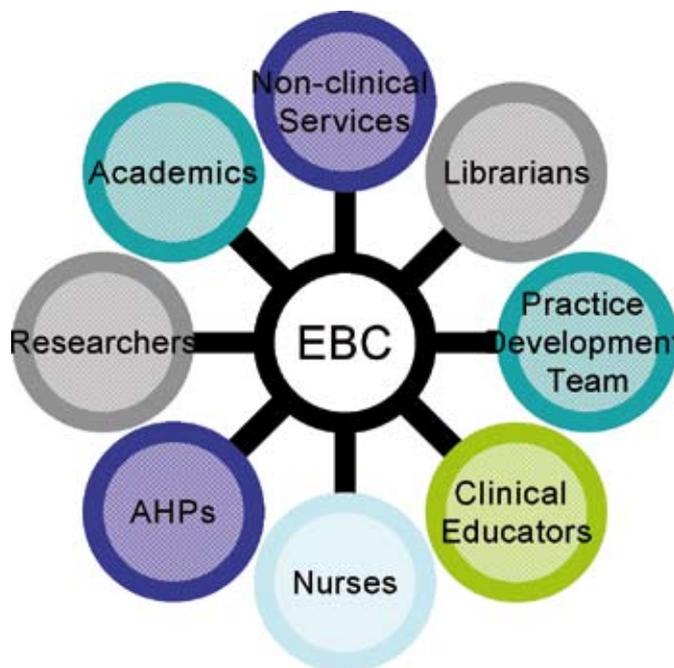
The Rewards for the Trust

- E**ffective & economic use of resources
- V**alidation & standardisation of practice
- I**ntegration of Evidence Based Practice
- D**irect projects towards Trust priorities
- E**xcellent educational resources
- N**ew & innovative practice
- C**uts down on repetition of projects
- E**ncourages use of EBP

Get In Touch!!

The Evidence Based Council's web pages on the Trust's intranet (http://nghweb/EBC_pub/) includes a range of information, such as agendas for upcoming meetings and presentations made by members both within the Trust and at conferences. If you are interested in getting involved please contact any one of them: Colleen.Cherry@sth.nhs.uk, Claire.Smith2@sth.nhs.uk or Irene.Mabbott@sth.nhs.uk. You can also contact them via telephone at Rivermead Training Centre, on extension 14281.

Who is on the EBC?



The EBC meets bi-monthly on Wednesdays, 2 pm to 4 pm. Meetings are held at both sites following the same agenda - a joint meeting is held every four months. The EBC is facilitated by Irene Mabbott.

Current Project Groups

At present, the EBC has 3 very interesting project groups looking into 'Promoting a Good Night's Sleep in Hospital', 'Using Natural Laxatives to Prevent Constipation in Acute Care' and 'Dementia and Nutrition'. These groups are made up of both clinical staff and ancillary services such as neurophysiology and catering. This joined-up way of working is one of the strengths of the EBC. The EBC presented both the 'Good Night's Sleep' and 'Natural Laxatives' sub-group projects at the RCN International Research Conference in May 2011. For more information contact Irene Mabbott on ext: 14281



Irene Mabbott Practice Development Coordinator, Claire Smith Cardiothoracic Nurse, Colleen Cherry Professional Services.

Forty-nine mile walk marks launch of Health and Wellbeing festival

To mark the launch of the festival to improve staff's Health and Wellbeing, two senior members of staff walked a whopping 49 miles around the perimeter of Sheffield on the 21st June.

Mike Richmond - Medical Director and Simon Till - Consultant Rheumatologist set off on their epic journey at 3 am and

walked for a total of 16 hours! Mike Richmond said: "The walk was an exciting challenge, hopefully other members of staff will follow our lead by walking a little more everyday to improve their fitness and wellbeing." Other members of staff joined Mike and Simon for the final stretch of the 'disorganised' walk, from Stanage Pole, for the last 6.5 miles. Well done to all involved.





Sheffield Teaching Hospitals NHS Foundation Trust 
NHS Foundation Trust

All STH staff are invited to the
Health and Wellbeing Festival
Launch 21st June
(and every Tuesday for 4 weeks)
10am to 2pm

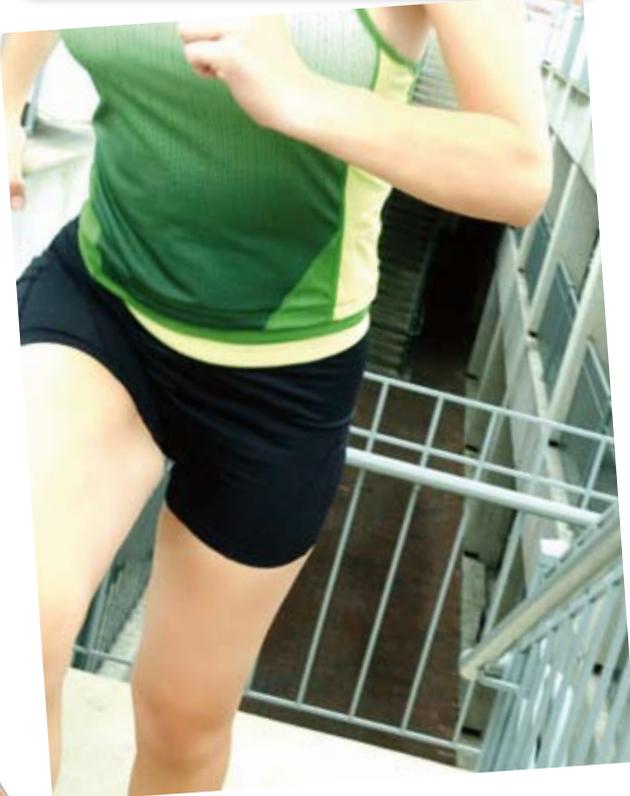
Gym Membership	Work-place Wellbeing
Stop Smoking	Holiday Health Advice
Healthy Eating	Be Green
Zumba	Walks
Sexual Health	COPD Awareness
Cancer Awareness	PayPlan
Occupational Health	Physio plus - core stability taster (pilates)

And much more!

Venues:
Northern General: Clocktower Dining Room, Huntsman Dining Room, Clocktower Reception.
Weston Park: Coffee Lounge,
Charles Clifford: Coffee Lounge,
Royal Hallamshire: D Floor Dining Room

For more information please contact
the Communications Team on 0114 2261363





Improving Your Health – Your Way

As part of the Trust's commitment to improving staff health and wellbeing, an email box has now been put in place to gather your ideas on how you think the Trust can help improve health and wellbeing. You can also send in queries about existing schemes or raise any current issues related to health and wellbeing. Ideas can vary from dance classes to diet sessions to stress, so why not get involved?!

Email: LetsTalkHealth&Wellbeing@sth.nhs.uk or alternatively, you can write to the Chair of the Health and Wellbeing group, Steve Burgin, in the HR Department, Clocktower, NGH.



We care about customer care



A new customer care guide, which has been developed in partnership with patients and staff, has been launched as part of an ongoing commitment to ensure patients and visitors get the very best service.

The Commitment to Customer Care guide sets out 10 core standards to ensure the same level of service is delivered to every patient, relative, visitor and colleague that reception staff encounter.

Sir Andrew Cash, Chief Executive said the guide shows the Trust's ongoing commitment to making sure visitors to its hospitals get the best possible service from the moment they walk in.

He said: "Receptions are often where patients will have their first personal contact with the hospital, and this first impression can play a key role in how they feel during the rest of their visit or indeed treatment. Many people often visit the hospital at a time when they are worried or anxious and so we have a duty to make sure they are welcomed and feel at ease right from the start.

Paula Rickwood, Reception Supervisor, explained the importance of giving the right impression.

She said: "I firmly believe customer service is just as important when visiting a hospital as it is when visiting a five star hotel, everyone likes to feel special wherever they are."



Sir Andrew Cash, Chief Executive, with staff and governors at the Customer Care launch event

A closer look at Gastroenterology

Did you know?

The Gastroenterology Services are now sited at both the Northern General and Royal Hallamshire Hospitals. Both sites have in-patient beds, out-Patient clinics and endoscopy facilities. The specialist services for inflammatory bowel disease, small bowel endoscopy (capsule endoscopy and enteroscopy), coeliac disease and nutrition are based at the Royal Hallamshire Hospital site.

The Inflammatory Bowel Disease service is one of the largest in the UK, caring for more than 2000 patients.

Consultant Dr Alan Lobo, is an active researcher in inflammatory bowel disease and is currently involved in developing NICE guidelines for Crohn's disease and ulcerative colitis.

The Coeliac specialist clinic has the largest patient cohort in the UK and last year was the recipient of the Coeliac UK, a national patient charity, Health Care Award.

Dr Mark McAlindon, Professor David Sanders & Dr Reena Sidhu provide the small bowel endoscopy service which has the largest capsule endoscopy service in Europe. They are all co-authors of National guidelines.

The Gastrointestinal (GI) Haemorrhage Unit is based at the Royal Hallamshire Hospital and receives referrals directly from across south Yorkshire.

It has one of the lowest mortality rates for GI bleeding in the country.

Dr Dermot Gleeson and Dr Mohammed Karajeh run the sub-regional Liver Unit based on Ward P2 on the Hallamshire site. The Unit attracts large numbers of referrals from throughout the region with challenging liver disease, including viral hepatitis, autoimmune hepatitis and variceal bleeding.

The Northern General is one of only ten regional endoscopy training centres in the UK. Dr Stuart Riley, Dr Mark Donnelly, Dr Kumar Basu, Dr Shawinder Johal and Dr John Hebden provide up to 10-20 training courses per year ranging through from basic skill courses to pig model based therapeutic courses and finally even training the endoscopic trainer courses. In addition, Dr Stuart Riley and Dr Mark Donnelly participate in the Sheffield bowel cancer screening programme.

What's new in the community?

The Gastroenterology directorate has taken a lead role in primary care innovation. All twelve consultants are involved in a primary care community-based gastroenterology service, devised by Dr Alan Lobo and Dr Marion Sloan and developed in partnership with the Central Sheffield GP Consortium.

In addition, there is a novel Gastroenterology & Hepatology Ambulatory Care service for patients in need of assessment or admission – and where admission might be avoided. It is based on ward P1 at the Hallamshire Hospital and can be accessed directly by General Practitioners. Following referral through a dedicated Gastroenterology referral line, patients undergo assessment, consultant review and further investigations, which might be arranged as an out-patient.

Exciting New appointments

The Gastroenterology Directorate has had two new appointments in the last 12 months. Dr Reena Sidhu, a national expert in small bowel endoscopy, has recently been appointed at the Hallamshire as a new Consultant Gastroenterologist. Prior to her appointment, Dr Sidhu was the most research published trainee in the UK in the field of small bowel endoscopy. As an enthusiastic member of the team, her appointment makes the small bowel endoscopy service the largest in the United Kingdom.



Dr Reena Sidhu

Another new appointment is Dr Andrew Hopper. Dr Hopper has a specialist interest in Endoscopy. He is a 'returning traveller' having undertaken an advanced endoscopy fellowship at Westmead University Hospital, a specialised tertiary referral hospital serving the western metropolitan area of Sydney, Australia. His particular sub-specialist area is that of diagnostic and interventional endoscopic ultrasound (EUS) and complex endoscopic mucosal resection.

With recent investment for new equipment from STH, Sheffield Charitable Trust and the Westfield Charitable Trust, Dr Donnelly, Dr Hebden and Dr Hopper are now providing a state-of-the-art regional EUS service which supports our trusts Upper Gastrointestinal and Pancreatic Cancer Networks.



Dr Andrew Hopper

At the forefront of research into new treatments

The Gastroenterology Directorate boasts a strong track record in clinical research. There have been five MD's awarded in the last decade. There are active researchers in Inflammatory bowel disease, Upper GI bleeding, Alcohol related liver disease, Primary Biliary Cirrhosis, autoimmune hepatitis, Gastrostomy feeding, coeliac disease, small bowel endoscopy and Irritable Bowel Syndrome. In addition the region has a central research fellows programme which generally appoints a candidate every 2 years.

Research collaborations across the region have occurred in Inflammatory bowel disease, gastrostomy feeding, Autoimmune Liver Disease and Alcoholic Liver Disease.

David Sanders received his Honorary Professorship from the University of Sheffield in 2010 having also been awarded one of the European Rising Star Awards in Gastroenterology 2010.



Front row left to right
David Trevor (managing director Movetis/ Shire), Sister Suzanne Hardcastle, Sister Anna Hawley, Nurse Practitioner Kaye Drew, Professor David Sanders

Back row left to right
Giles Brandreth (writer, comedian, broadcaster and former conservative MP), Dr Reena Sidhu, Dr Tom Smith (Chief executive of the BSG), Dr Mark McAlindon

Sheffield Gastroenterology Unit awarded for excellence and innovation

Edward Robshaw is just one patient who knows why the Trust has been recognised in a new gastroenterology awards programme for excellence and innovation in patient care.

The team at the Royal Hallamshire Hospital's Gastroenterology and Liver Unit were delighted to win a Movetis MAGIC award and £5,000 for their 'gold standard' Specialist Endoscopy Centre and Clinical Investigations Unit.

Edward, 63, from Wakefield, recently underwent a Capsule Endoscopy at the Unit after suffering from internal bleeding. Capsule endoscopies or 'camera pills' allow clinicians to fully investigate the guts of patients with known or suspected gastrointestinal disorders without the use of invasive tubes.

As the 'camera pill' uncovered abnormalities in Edward's intestine, Doctors at the Hospital then performed Double Balloon Enteroscopy* (DBE) to identify and mark two tumours with a tattoo ready for surgeons to find and remove them.

Professor David Sanders, Consultant Gastroenterologist, explains: "Pinpointing and marking the area with a tattoo allows surgeons to find and remove tumours quickly, reducing the time the patient spends in surgery. DBE and capsule endoscopy in combination are two of the most powerful tools to investigate the small bowel. By performing DBE we are often able to treat bleeding lesions in such a way that the patients can avoid surgery."

Edward, a Combustion Engineer and granddad of nine, said: "I had been suffering from internal bleeding for 18 months and other methods of investigation had not picked up the tumours. The staff at the Hallamshire Unit put me at ease straight away and were able to finally get to the problem. I am so relieved to have the tumours removed after a lot of worrying. I can see why they have won this award, they are a fantastic team."

Professor Sanders, added: Ensuring patients receive the best possible experience on our wards is extremely important to us as well as continually looking at better, more innovative, ways to improve investigations. Our team works exceptionally hard to provide excellent care at the largest small bowel endoscopy service in the country. I would like to particularly congratulate the nursing staff on the Clinical Investigations Unit, as this award is really a recognition of their expertise and enthusiasm which allowed us to build this multidisciplinary team."

Young transplant patient given new lease of Life

A 20-year-old transplant patient has been given a new lease of life after suffering from kidney failure since he was just three months old.

Ben Moore, from North Aston, has praised staff at the Northern General Hospital after having a kidney transplant in February which has allowed him to plan his dream holiday.

Ben, who had already had two transplants previously, had to endure dialysis (a treatment to cleanse the blood of toxins healthy kidneys would flush out) three times a week for the 18 months he waited for his most recent transplant.

He said: "I already feel much better after my transplant and can tell this is going to be a 'good one'. I already have a lot more energy, and it's a relief to be free from dialysis. I am now looking forward to going on a cruise to celebrate with my girlfriend as holidays are very difficult to plan when you are on dialysis as you have to arrange to have your treatment wherever you are going well in advance. So this is very exciting!

Ben is now looking into 'giving back' to

the Hospital that transformed his life by changing his career to renal nursing.

He said: "The care I received at the Northern General Hospital has inspired me to start a career in nursing. I'd really love to be a dialysis technician or a support worker on a renal unit – my experiences would really help me to support patients so it would be fantastic."

The Trust is continuing in its campaign to boost the number of people joining the donor register with the launch of a new poster campaign and mission statement.

Andrew Davidson, Clinical Donation Champion said:

"I am delighted to hear about the improvement organ donation has made to a young life. We are continuing in our campaign to raise awareness of the importance of organ donation and signing up to the donor register which will hopefully lead to more people, like Ben getting a better quality of life."

If you would like to join the register please call the NHS Donor Line on 0300 123 23 23 (Lines are open 24 hours a day all year round.)



Ben is fit and well thanks to his organ donor



organdonation.nhs.uk

Would you like to apply for a hospital's charity grant?

Could your patients benefit from a new piece of furniture which would provide greater comfort? Or is the equipment that you use in need of replacing and could offer more than the standard requirements to improve procedures and the patient experience? You may be eligible to apply for charitable funding from one of the Charities associated with Sheffield Teaching Hospitals.

The way in which staff and departments access charitable funds has recently been redesigned to provide a more consistent and

streamlined approach. To enquire whether your bid is appropriate for charitable funding, you will first need to complete the 'Registration of Interest' form. If the bid is considered 'charitable' you will then complete the relevant application form depending on the size of the grant requested. Your application will be submitted to the Charitable Funds Management Committee who considers all 'charitable bids'. The role of the Charitable Funds Management Committee is to determine if the bid meets the priorities of the Trust and also whether it represents best use of charitable funds. Once this

has been approved, the bid will be submitted to the Charity that it is believed would be most interested in providing support.

If you work in an area where you think a grant would make an improvement to the patient care environment or quality of treatment please take a look at the new intranet site, which can be accessed via the Charitable Funding Home Page located under the Patient Partnership Department intranet page. Here you will receive guidance, answers to frequently ask questions, as well as the process and forms needed to make a bid for charitable funds

from charities such as Sheffield Hospitals Charity, Westfield Health, WRVS and League of Friends.

To make it easier to receive guidance for charitable funds and to make an application, a dedicated e-mail address has been set up: CharityFunds@sth.nhs.uk. This e-mail address should be used for all charitable funds communication.

Should you have any queries regarding any of the above, or wish to discuss a potential bid please contact CharityFunds@sth.nhs.uk or Andrew Timms, Support Services Manager on x61024.

Talbot School's Jordon enjoys hospital work placement

Jordon Cox, 18, from Burncross, became a valuable member of the team at the Northern General Hospital during his work placement from Talbot School.

Jordon, who has a learning disability, worked in the Bulk Stores Department, which issues all disposable items to wards in the Hospital, for four months.

The department plays a crucial role in the hospital by ensuring supplies of disposable items are always available to staff when patients need them.

Graham Biggins, Portering Manager, said: "Jordon became such a well-loved member of the team and made a real difference to patients in the hospital by counting out items ready to be taken on the wards. He has fitted in really well; he was always polite and very hard working. He is a credit

to his school and himself."

Jordon's success was a great start to a new initiative in which Sheffield Teaching Hospitals is hoping to offer more people with learning disabilities the opportunity to gain work experience as a stepping stone to gaining future employment.

Yvonne Byrne, Community Engagement Manager, added:

"This is first work placement for school children with learning disabilities and it has been a great success, primarily due to the support given by Graham and the staff in the Bulk Stores Department. Jordon was welcomed into the department, supported by staff and he has enjoyed his placement immensely. Hopefully we will be able to facilitate further work placements within the Trust."



Graham Biggins Portering Manager with student Jordon Cox

New Training records and Electronic Staff Record

The Electronic Staff Record (ESR) is being extended to hold staff training records and to transfer qualifications and other information from the current Training and Leave Database (TLD). Leave recording will follow in

due course.

This will ensure staff are always up to date with their mandatory training date and evidence can be provided to assessors that staff have achieved the required level of competency and are qualified

to do their jobs.

Administrators have been appointed within all the directorates to be responsible for inputting and maintaining the staff records.

While access to this information is sensitive and

confidential, management have ensured that only appropriate staff are provided with this level of access.

It is hoped that all directorates will have updated all staff training and qualification records by the end of July.

A new name to face new challenges

2011 is already working out to be another great year for Sheffield Hospitals Charitable Trust. Major plans are now in place to progress the charity's fundraising efforts and build on their successes to date. One of the charity's main aims is to continually move forward and do more to improve the lives of STH patients and staff.

As part of these plans, the charity is adopting the working

name of Sheffield Hospitals Charity. Since the appointment of their first Head of Fundraising in July 2006, they have continued to develop as a fundraising charity. The new name better reflects the more proactive and dynamic nature of the charity as it is today. As you can see, the charity has a new logo, which will hopefully help promote the new name.

Alongside this, the charity recently launched their new website www.sheffieldhospitalscharity.org.

The new site features up-to-date news and events, fundraising advice and information, as well as a whole host of fundraising tools to assist charity supporters in organising and promoting their own events. There is a brand new dedicated NHS staff area, which features details about grant applications, advice on how to handle charitable donations, an NHS staff newsletter and a handbook for fund advisors. The charity will also launch its

first Fund Advisor Newsletter in May, with the aim of facilitating mutually beneficial relationship with its charity fund advisors. The newsletter will keep fund advisors up-to-date with any relevant news and information, as well as providing more information on how to apply for charitable funds.

If you would like to find out more about the work of the charity or anything contained within this article please contact 0114 271 1351.

Board Update

New Appointments

Welcome to Professor Rhiannon Billingsley, Pro-Vice Chancellor, Sheffield Hallam University, who has recently been appointed as Non-Executive Director. Rhiannon will be replacing Jane Norbron who we thank for her dedication to improving our hospitals as part of her role on the board.



Congratulations also to Mr Vic Powell who has been reappointed in his role as Non Executive Director.

New Frontiers in Cellular Pathology

The second 'New Frontiers in Cellular Pathology' was a very successful event with over 80 delegates and high profile speakers. In keeping with last year's event, the main emphasis was on the challenges of the current economic climate. The majority of the lectures focused on topics that may help us to become more cost effective, improve quality, innovate and become more responsive to changes in NHS and society. Dr Branko Perunovic, Consultant in Histopathology said: "We think that our idea to host an affordable and topical annual conference that will facilitate reflection about the future of our profession resonated well within the histopathology community. We have received excellent feedback and our Histopathology Events Group is already thinking of the programme for spring 2012."

Chatterbox Challenge

The Sunshine Day Nursery recently helped break the Guinness World Record for the largest number of children, parents and carers performing the Head, Shoulders, Knees and Toes dance at the Peace gardens.

Children from the rising fives rooms travelled

on the bus to the peace gardens to take part in the chatterbox challenge.

The chatterbox challenge is part of the literacy strategy ESCAL (Every Sheffield Child Articulate and Literate) and aimed to develop awareness of the importance of developing children's communication and co-ordination skills.



Pat Lee retirement



Pat Lee has retired after has working at Weston Park for 33 years starting on nights and for the last 12 years on the Daycase Unit.

Eileen Anderson said Pat would be missed by patients and colleagues alike. She said the team would especially miss Pat's famous morale boosting lemon drizzle cake and would like to thank her for all the hard work she has given the Trust over the years

World Book Day

The children at the Sunshine Day Nursery also recently participated in World Book Day. They had a visit from a special storyteller and listened to familiar stories in the nursery's new library area.

The day was a big success and promoted Communication, language and literacy skills for all the children involved.

Some children got dressed as their favourite story characters, the event was finished off with all children receiving a £1.00 book voucher to spend on their favourite book.

Each nursery site has now set up an individual library area and is available for all children, staff and parents.



Almost £1m raised for new Cystic Fibrosis Unit

Sheffield Hospitals Charity is delighted to report that more than £910,000 has now been raised for the Sheffield Cystic Fibrosis Appeal.

The appeal was launched in February 2010 with the aim of raising £1million for a world-class dedicated treatment centre at the Northern General Hospital, to meet the needs of young patients with Cystic Fibrosis.

2010 was packed full of memorable fundraising events, including the Triple Whammy, which entailed a 250ft zip slide, followed by an abseil down a 150ft drop, before finishing with the Powerfan, a freefall jump from 150ft.

Home-grown talent, the Arctic Monkeys, threw their weight behind the appeal by donating a signed bass guitar, drumsticks and signed CD's. The guitar, in particular, proved to be a great success, and was sold on Ebay for a staggering £1,300.

2010 also saw the formation

of the Sheffield Cystic Fibrosis Fundraising Group, made up of a number of enthusiastic individuals committed to helping the charity reach their target. Throughout the year the group helped organise a variety of concerts, raffles and winter fayres, with a high point being a successful evening at Baldwin's Omega, with guest speaker Gervase Phinn. The group ended the year by producing a fabulous 2011 calendar, featuring mouth-watering recipes perfect for people living with Cystic Fibrosis. In total, the group has raised almost £10,000.

Throughout the year, Dr Frank Edenborough (CF consultant) and his team worked tirelessly to bolster the charity's fundraising efforts, by organising a whole host of music concerts and attending a multitude of events and cheque presentations, helping to raise tens of thousand of pounds for the appeal.

The charity was also extremely fortunate to have been adopted by the Sheffield Star as their Charity

of the Year. The team at the Star not only ensured that the appeal received significant coverage, but also spearheaded the Sponsor a Star campaign (allowing supporters to sponsor a star, which will be etched on the wall of the relatives room within the new unit), helping raise more than £1,500. Details of how you can sponsor a star can be found below.

The CF Appeal has also attracted significant corporate support, which included, amongst others, Sheffield Business Club, The Rutland Hotel, Tesco (Abbeydale Road) and Rensburg Sheppards Investment Management. Significant support has also been received from Abbeydale Golf Club, which selected the appeal as its 'Captains Charity', raising approximately £8,400 through a series of events.

Head of Fundraising Emma Dickens, said: "2010 has been a really tough year, with everyone having to make difficult financial decisions, however, our fantastic supporters across South Yorkshire



have continued to back our charity and the Cystic Fibrosis Appeal. We really are grateful to each and every one of our supporters and have appreciated every penny that has been raised, or donated, in this difficult year."

The charity is hopeful that with continued support the final £1m appeal target will be reached during the course of the next few months, given the remarkable progress, which has been made to date. If you would like to help the charity reach their target and would like to make a donation, please contact the Fundraising Team on 0114 271 1351 or e-mail charity@shct.nhs.uk

Sponsor a Star

We are inviting you to make a donation of £10, £50 or £100 to the CF Appeal and in return receive a star etched on a special glass wall situated within the new unit. £10 sponsors a single star, £50 a star big enough to contain your name/name of a loved one, £100 a star big enough to contain a short message or dedication. The name of everyone who has made a donation will be added to a roll call of thanks on the Sheffield Star website. If you would like to make a donation and have a star appear on the glass wall, please contact the charity (as above).



Stuart Broadhead motorcycles

across USA



ACCORDING to the song, you "Get your Kicks" on Route 66. And that's exactly what veteran Stuart Broadhead wants to do - all in a good cause.

The Barnsley 70-year-old is planning a motorcycle trip across America including the USA's most famous highway as the ultimate ride in his long and illustrious career, and at the same time, raise money for the South Yorkshire Heart Appeal.

Stuart, who is the founder and director of the Barnsley Lock and Safe Company, has had 12 heart operations over the years and says he owes his life to the Chesterman Wing at the Northern General Hospital.

"I want to raise money for the South Yorkshire Cardiothoracic Centre there because without them I wouldn't be here."

Stuart has inherited heart problems and his first bypass operation was when he was 43.

Stuart will be joined by other veterans Terry Windle (72), Barry Orr (84) and Ron Woodward (74).

The quartet will set off at the beginning of May and the trip will take around a month.

The trip has the support of his wife, Megan, and two sons Graham and Colin, said Graham:

"My dad has done some amazing things and achieved so much in his life. It is our job to support him so he can continue to succeed in whatever he chooses to do. As a family we have seen how much he has gone through with his heart problems and we worry about him. But he has never wanted molly-coddling, has always looked for the next challenge."

Carol Denton, from the South Yorkshire Heart Appeal said:

"I just can't imagine undertaking a 5,000 mile motorcycle journey but Stuart is very determined and it is wonderful that he is combining this road trip with raising funds for us. The Appeal was launched last November to raise funds for innovative care, treatment, equipment and research projects for Specialist Services at the South Yorkshire Cardiothoracic Centre, where people from across the region



Stuart Broadhead is giving back to the Unit that saved his life

are treated for heart problems. Every penny the Heart Appeal spends helps to combat Britain's biggest killer."

*For information about the appeal and

how you can sponsor Stuart on his mammoth journey call Carol Denton on 0114 305 2105 or 0114 226 3517 or email carol.denton2@sth.nhs.uk

Charity News on Facebook and Twitter

Sheffield Hospitals Charity can now be found on social networking sites Facebook and Twitter. Here you can follow the charity and find out more about

what's going on. You can also send us your news, events and pictures to post online, so we can let all of our supporters know how your fundraising events are

going. It really is a great way to encourage people to attend your events and sponsor you too!

To follow us on Facebook log on to www.facebook.com/

[sheffieldhospitalscharitabletrust](http://sheffieldhospitalscharitabletrust.org.uk) and click the 'Like' button to join us. For Twitter, log on to www.twitter.com, search for 'EmmaSHCT' and click follow.

Snapshot

Congratulations to Mr Martin McClelland,
Consultant in Spinal Injuries for his winning
Sunset picture and this editions front cover.



He also sent
in this picture
of our resident
owlets who live
in the woodland
outside the
Spinal Injuries
Unit. How cute!



Next time...

Our next photography competition is 'Health and Wellbeing' and is in keeping with the launch of our new initiative to keep staff fit and healthy. Please send your healthy / active images to competitions@sth.nhs.uk

Link Lifestyle

Our regular round-up of what's on in the local area over the coming months...



Sheffield Super Summer Weekend

Where? Graves Park

When? 5th August 2011 to 7th August 2011

The amazing battling Cumberland Giants are returning to the City to star at the exciting Sheffield Super Summer Family Weekend. Visitors are being invited to come and meet the giants in person who will be battling it out on Saturday and Sunday in the specially built arena at the top of the park near to the café.

And that's not all at what is set to be one of the biggest events of the summer as the weekend will also see the park awash with character mascots from all the favorite children's television programmes.

What's even better is admission is totally free and elsewhere on the field there will be trampolines, vintage fire engines, inflatable attractions and food stalls.

There will also be a huge international funfair in attendance when on Friday 5th of August all rides with the exception of the Devil Rock will be 99p.

The event takes place:

Friday 5th August from 12noon until 9pm (Funfair only all rides 99p*).

Saturday 6th August 12noon until 9pm (Entertainment and characters will be from 1pm until 6pm).

Sunday 7th August 12noon until 6pm (Entertainment and characters will be from 1pm until 6pm).



Sheffield Food Festival

When? 4 – 10th July

Where? Various locations

Following the success of the 2010 event, Sheffield is delighted to announce that the Food Festival will take place again this year, between 4 and 10 July, featuring a delicious array of events and activities for all the family including markets, picnics, food and drink tasters, a city centre farm and garden, offers and special menus in bars and restaurants, chef demos and much more!

Please visit <http://www.welcometosheffield.co.uk/foodfestival/festival-programme> to find out more info about venues and prices.



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Out of the frying pan...

Fancy Strawberry Trifle

Ingredients (serves 6)

- 350g Madeira cake
- Good quality strawberry jam
- Strawberry or raspberry liqueur or crème de cassis (use grenadine syrup mixed with water instead of liqueur for a non alcoholic version)
- 400g of strawberries, sliced or halved
- 1tbsp golden caster sugar
- 500g pot of good quality vanilla custard
- 284ml pot double cream, lightly whipped

Method

1. Slice the cake and sandwich the slices together with jam. Cut into cubes. Sprinkle the sugar over the strawberries in a bowl.
2. Divide the cake between 6 glasses and sprinkle a little liqueur over each. Spoon the sliced strawberries and any juice over the cake and then top each with a layer of custard and a layer of cream. Decorate with strawberries.



Quiz Time Questions

Royal Wedding Quiz

1. Who is the eldest, William or Kate?
2. Which University did William and Kate both attend?
3. In what same degree subject did they both commence studies?
4. Where did William propose to Kate?
5. Where in the UK is William currently stationed?
6. What RAF rank does William currently hold?
7. Kate, if and when she becomes Queen will be Queen Catherine the what?
8. What Premier League Football Club does William support?
9. Where about in London did William and Kate's wedding take place?
10. The Prince William Cup is contested in Rugby Union between Wales and which other test side?

Answers on page 4...

